

# THE 43<sup>rd</sup> Tour du Lac

**10 Miler /A 2010 Maine Running Hall of Fame Inductee**  
Bucksport, ME Saturday- June 30, 2018  
PART OF SUB5 RACE SERIES & EDEN RACE SERIES

**Awards Top 2 Finishers Male/Female**  
**Awards (Homemade Jam) Three Deep For Following**

**\$\$\$\$\$\$100.00 CASH PRIZE TO FIRST MALE AND  
FEMALE TO BREAK THE COURSE RECORD  
LOUIE LUCHINI 50:20/CASSIE HINTZ- 59:06**

**18 & Under**  
**19 – 29 M/F**  
**30 –39 M/F**  
**40 – 49M/F**  
**50 – 59M/F**  
**60 – 69 M/F**  
**70 – 79 M/F**  
**80 Plus M/F**

**\*\*Walkers start at 6:45\*\***  
**Race starts at 7:30 at**  
**Town Swimming Pool**

**2017 Winners**  
**Male: Erik McCarthy 53:51**  
**Female: Tracy Guerrette 63:22**

## Part of the Trade Wind's Market/SUB5 Road Race Series and Eden Race Club Series

**Race Day Registration** opens 6:30am at Bucksport Community Swimming Pool on the corner of Bridge St. and Broadway.

**Directions From Bangor:** south on Rte 15 thru town-take a left at the traffic light onto Bridge St.- follow to the end of Bridge St.- registration on the right at the corner of Bridge & Broadway

**From Ellsworth:**-Rte 1 south to the traffic light in Bucksport-take first right immediately beyond light-follow to the end of Bridge St.-registration on the right at the corner of Bridge St & Broadway.

**From Belfast-** Rte. 1 north to traffic light in Bucksport-turn left and take first right immediately beyond light-follow to the end of Bridge St.-registration on the right at the corner of Bridge St. & Broadway.

**Course-**Starts at Town swimming pool-right onto Central St. to Millvale Road-left onto Charlie Cole Rd.-left onto Silver Lake Rd-onto School St.-left onto Central St. – right onto Broadway. You'll finish where you started at the Town swimming pool.

Contact: Chris or Margaret Jones 469-9901 / Christopher.Jones@RSU25.org

Entry Fee \$20.00 Includes T-Shirt

Make Checks Payable to SUB5 Track Club

To First 50 Register

Mail Entry Form and Fee to:

Chris Jones P.O. Box 1331

T- Shirt Size S M L XL

Bucksport, Maine 04416

**Race Agreement:** By signing below, you understand and agree to the following: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by the decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running this event including but not limited to falls or injuries caused by, weather conditions, traffic, and road conditions, in the consideration of my entry acceptance. I, for myself and anyone entitled to act on my behalf waive and release all race sponsors, Tour du Lac, The Town of Bucksport, and all representatives and successors from all claims or liabilities arising out of my participation in this event.

M / F / / / / /

Print Name \_\_\_\_\_

Age as of Race Day \_\_\_\_\_

Date of birth \_\_\_\_\_

Date \_\_\_\_\_

Address \_\_\_\_\_

Signature (parent or guardian if under 18) \_\_\_\_\_

Phone # \_\_\_\_\_