

# 2022 TradeWinds Supermarkets

## Sub5 Track Club Road Race Series



DATE	RACE	REGISTRATION/ CONTACT
Dec. 26, 2021 @ 9AM COMPLETED	Epic Finale	
May 7 @ 10 a.m.	Bridge the Gap 10 Miler	<a href="https://www.crowathletics.com/bridgethegap-race-overview">https://www.crowathletics.com/bridgethegap-race-overview</a>
May 30 @ TBA	Main Street Memorial Mile	<a href="https://www.defymca.org/schedules/road-races/">https://www.defymca.org/schedules/road-races/</a> (207) 667-3086
June 5 @ 10 a.m.	Cobscook Bay 10K for Down East Hospice, Pembroke	Register online, mail or race day <a href="http://www.cobscookbayroadraces.org">www.cobscookbayroadraces.org</a> Eric Mauricette
TBA	Tour du Lac	
July 4 @ 9:45 a.m.	Walter Hunt Memorial 3K, Bangor	Register online, mail, or race day Sub5 Track Club, <a href="http://www.sub5.com">www.sub5.com</a>
September 5 @ 9 a.m.	Labor Day 5 Miler, Bangor	Register online (preferred) or race day Bangor Parks and Recreation: 992-4490 <a href="http://Bangorparksandrec.com">Bangorparksandrec.com</a>
September 18 @ 9:30 a.m.	Great Pumpkinfest 4K, Blue Hill	Register by mail or race day Todd Eckenfelder <a href="mailto:t.eckenfelder@georgestevens.org">t.eckenfelder@georgestevens.org</a>
September 25 @ 11 a.m.	St. Joe's Commit to Get Fit 10K, Bangor	<a href="https://runsignup.com/Race/Bangor/StJoesCommit">https://runsignup.com/Race/Bangor/StJoesCommit</a>
October 23 @ 11 a.m.	Black Bear 5K, Orono	Register by mail or race day UMaine, Thad Dwyer: 581-1234 <a href="mailto:tdwyer@maine.edu">tdwyer@maine.edu</a>
November 6 @ TBA	Veterans' 4 Miler, Ellsworth	<a href="https://www.defymca.org/schedules/road-races/">https://www.defymca.org/schedules/road-races/</a> (207) 667-3086
November 21 @ 1 p.m.	Brewer High School Turkey Trot 3 Miler, Brewer	Register by mail or race day Brewer High School: 989-4140

2022 Sub5 Series. **DATES and TIMES subject to change**

For more info: Sub5 Track Club – visit: [sub5.com](http://sub5.com), on Facebook, or write to Sub5 Track Club, PO Box 63, Brewer, Maine

**Sub5 Race Series Rules**      **\*Rules subject to change pending number of races and Covid-19 impact**

\*You must complete 5 series races to be eligible for an award.

\*The age category of each runner is determined by their age at the first series race they enter for the calendar year.

\*The top 10 runners in each age group receive points for each series race they complete. (1st = 10 points, 2nd = 9 points, etc.)

\*Awards are based on the runner's total points from their 5 best series performances.

\*Awards are presented to the male and female with the highest point total overall, regardless of age category. These 2 runners are not eligible for an age group award.

\*Awards are presented to the top 3 runners in the following age groups: 0-12, 13-18, 19-29, 30-39, 40-49, 50-59, 60-64, 65-69, 70-74, 75-79 & 80+.

\*In the event of a tie, each runner's next best race performance (6th, 7th, etc.) is considered until the tie is broken and a winner is determined. If the winner cannot be determined, the runners may share the award as follows: Tie for 1st and 2nd place award is combined and divided evenly. Tie for 2nd and 3rd place award is combined and divided evenly. Tie for 3rd – each runner receives a full award.

