

Tradewinds
Great Pumpkin 4 Road Race



Distance: 4k (~2.5 mi) Race

When: Sunday, September 17, 2023

Where: Registration in the parking lot of Tradewinds Market between 8:30-9:00 AM.

The race will begin at 9:30 AM at Tradewinds Market and end at the Blue Hill library.

Directions: Tradewinds Market is located at the intersection of Rt 15 and South Street in Blue Hill.

Course: 4k will begin at Tradewinds Market. The 4k race will end at the Blue Hill library. The course is wheel and GPS measured. A large part of the course is downhill with the rest mostly flat with two short uphill sections.

Cost: Students - \$5; Adults - \$15 (All proceeds will be donated to the GSA Cross-Country team)

T-Shirts: Free to the first 50 entries

Awards: Award presented to top Male and Female in each age group.

\$100.00 Tradewinds card to the first Male and Female finishers of the race.

For more information: Contact Isaac Vaccaro, GSA, 207-415-0287



Name _____

Town _____

Email or Phone _____

Sex: MALE FEMALE

Age: 0-9 10-19 20-29 30-39 40-49 50-59 60-69 70-79 80-89 90-99 100-109



Race Waiver and Release (must be signed by participant or parent/guardian if under age 18):

I am a voluntary participant in this event and in good physical condition. I know that this event is a potentially hazardous activity and I hereby assume full and complete responsibility for any injury or accident which may occur during participation in this event or while on the premises of this event. I hereby release and hold harmless and covenant not to file suit against the organizers, sponsors, workers, and any other persons or entities associated with this event from any loss, liability, or claims I may have arising out of my participation in this event.

Signature _____ Date _____