

**GIRLS TRACK and FIELD**  
**Wednesday, April 27, 2011**  
**At Cheverus High School**

**TEAM SCORES**

**New updated scores**

<b>Cheverus</b>	<b>125</b>	<b>131</b>
<b>Deering</b>	<b>53</b>	<b>56</b>
<b>McAuley</b>	<b>36</b>	<b>36</b>
<b>Portland</b>	<b>41</b>	<b>41</b>
<b>South Portland</b>	<b>113</b>	<b>110</b>

Name	Sch	Min/Ft Sec/In	Relay
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**EVENTS**

<b>4 x 800 M</b>	<b>1 Cheverus</b>	<b>C</b>	<b>10 00.0</b>	Conley, Gwilym, Durgin, Hendry
<b>4 x 800 M</b>	<b>2 South Portland</b>	<b>SP</b>	<b>11 55.4</b>	
<b>4 x 800 M</b>	<b>3 McAuley</b>	<b>M</b>	<b>12 53.3</b>	
<b>4 x 800 M</b>	<b>4 Deering</b>	<b>D</b>	<b>13 25.6</b>	

<b>Racewalk</b>	<b>1 Grant</b>	<b>SP</b>	<b>11 04.6</b>
<b>Racewalk</b>	<b>2 Holzhacker</b>	<b>M</b>	<b>11 39.1</b>
<b>Racewalk</b>	<b>3 Hart</b>	<b>P</b>	<b>11 42.7</b>
<b>Racewalk</b>	<b>4 Dooling</b>	<b>SP</b>	<b>11 43.0</b>
<b>Racewalk</b>	<b>5 Gilson</b>	<b>P</b>	<b>11 58.9</b>

<b>100 M H Hurdles</b>	<b>1 Zagon</b>	<b>D</b>	<b>17.85</b>
<b>100 M H Hurdles</b>	<b>2 Slattery</b>	<b>C</b>	<b>19.91</b>
<b>100 M H Hurdles</b>	<b>3 Becker</b>	<b>M</b>	<b>20.72</b>
<b>100 M H Hurdles</b>	<b>4 Gilsom</b>	<b>P</b>	<b>21.65</b>

<b>100 M</b>	<b>1 Nyembo</b>	<b>P</b>	<b>13.11</b>
<b>100 M</b>	<b>2 Desjardins</b>	<b>SP</b>	<b>13.13</b>
<b>100 M</b>	<b>3 O'Connor</b>	<b>P</b>	<b>13.66</b>
<b>100 M</b>	<b>4 Alonzo</b>	<b>C</b>	<b>14.15</b>
<b>100 M</b>	<b>5 Adell</b>	<b>D</b>	<b>14.17</b>
<b>100 M</b>	<b>6 Angelo</b>	<b>P</b>	<b>14.21</b>
<b>100 M</b>	<b>7 Regias</b>	<b>D</b>	<b>14.27</b>
<b>100 M</b>	<b>8 Shannon</b>	<b>C</b>	<b>14.56</b>

100 M	9 Reno	P	14.56
100 M	10 Bradbury	SP	14.96
100 M	11 Andersen	P	15.04
100 M	12 Dooling	SP	15.87
100 M	13 Alognon	SP	16.23
100 M	14 Fisher	SP	16.54
100 M	15 Dodd	SP	17.70
100 M	16 Francois	SP	17.75
100 M	17 Mohamed	D	22.54

1600 M	1 Hendry	C	5 24.0
1600 M	2 Donahue	SP	5 39.5
1600 M	3 Woods	C	5 52.6
1600 M	4 Simonds	C	5 59.9
1600 M	5 Mulligan	SP	5 00.5
1600 M	6 Kaiser	M	6 10.1
1600 M	7 Niedermeyer	C	6 16.0
1600 M	8 Jordan	SP	6 25.3
1600 M	9 Flores	D	7 02.2
1600 M	10 Pilger	M	7 15.9

4 x 100 M	1 Cheverus	C	53.77
4 x 100 M	2 South Portland	SP	54.65
4 x 100 M	3 Deering	D	54.73
4 x 100 M	4 Portland	P	59.71
4 x 100 M	5 McAuley	M	1 00.79

Alonzo, Thomas, Spang, Summa

400 M	1 Ellis	SP	1 04.83
400 M	2 Pallozzi	D	1 04.90
400 M	3 Gwilym	C	1 06.18
400 M	4 Spang	C	1 07.26
400 M	5 Tirabassi	SP	1 07.59
400 M	6 Slattery	C	1 09.54
400 M	7 Matthews	SP	1 15.56
400 M	8 LeTourneau	SP	1 15.97
400 M	9 McLune	D	1 18.95
400 M	10 Kane	M	1 21.44
400 M	11 Holzacker	M	1 22.12
400 M	12 Owens	SP	1 24.70

300 M Hurdles	1 Thomas	C	51.03
300 M Hurdles	2 Sager	D	52.32

<b>300 M Hurdles</b>	<b>3 Becker</b>	<b>M</b>	<b>56.61</b>
<b>300 M Hurdles</b>	<b>4 Slattery</b>	<b>C</b>	<b>57.33</b>
<b>300 M Hurdles</b>	<b>5 Coombs</b>	<b>SP</b>	<b>58.55</b>
<b>300 M Hurdles</b>	<b>6 Mohammed</b>	<b>SP</b>	<b>1 00.85</b>

<b>800 M</b>	<b>1 Durgin</b>	<b>C</b>	<b>2 25.21</b>
<b>800 M</b>	<b>2 Ramonaas</b>	<b>D</b>	<b>2 30.75</b>
<b>800 M</b>	<b>3 Hendry</b>	<b>C</b>	<b>2 32.58</b>
<b>800 M</b>	<b>4 Donohue</b>	<b>SP</b>	<b>2 36.28</b>
<b>800 M</b>	<b>5 Gwilym</b>	<b>C</b>	<b>2 38.95</b>
<b>800 M</b>	<b>6 Woods</b>	<b>C</b>	<b>2 43.47</b>
<b>800 M</b>	<b>7 Gale</b>	<b>P</b>	<b>2 44.91</b>
<b>800 M</b>	<b>8 Campbell</b>	<b>SP</b>	<b>2 45.33</b>
<b>800 M</b>	<b>9 Mulligan</b>	<b>SP</b>	<b>2 47.35</b>
<b>800 M</b>	<b>10 LaFountain</b>	<b>C</b>	<b>2 47.91</b>
<b>800 M</b>	<b>11 Matthews</b>	<b>SP</b>	<b>2 50.96</b>
<b>800 M</b>	<b>12 Simonds</b>	<b>C</b>	<b>2 51.52</b>
<b>800 M</b>	<b>13 Johnson</b>	<b>D</b>	<b>2 55.97</b>
<b>800 M</b>	<b>14 Hart</b>	<b>D</b>	<b>2 57.86</b>
<b>800 M</b>	<b>15 Kucinene</b>	<b>D</b>	<b>3 12.49</b>
<b>800 M</b>	<b>16 Jordan</b>	<b>SP</b>	<b>3 16.69</b>
<b>800 M</b>	<b>17 Benfatta</b>	<b>SP</b>	<b>3 21.59</b>
<b>800 M</b>	<b>18 Meyers</b>	<b>D</b>	<b>3 42.21</b>

<b>200 M</b>	<b>1 Desjardins</b>	<b>SP</b>	<b>27.19</b>
<b>200 M</b>	<b>2 Nyembo</b>	<b>P</b>	<b>27.38</b>
<b>200 M</b>	<b>3 Angelo</b>	<b>P</b>	<b>29.26</b>
<b>200 M</b>	<b>4 Alonzo</b>	<b>C</b>	<b>29.48</b>
<b>200 M</b>	<b>5 Ellis</b>	<b>SP</b>	<b>29.93</b>
<b>200 M</b>	<b>6 Adell</b>	<b>D</b>	<b>30.30</b>
<b>200 M</b>	<b>7 Shapiro</b>	<b>C</b>	<b>30.89</b>
<b>200 M</b>	<b>8 Mack</b>	<b>D</b>	<b>30.99</b>
<b>200 M</b>	<b>9 Shannon</b>	<b>C</b>	<b>31.07</b>
<b>200 M</b>	<b>10 Flaherty</b>	<b>c</b>	<b>31.44</b>
<b>200 M</b>	<b>11 Reno</b>	<b>P</b>	<b>31.46</b>
<b>200 M</b>	<b>12 Bradbury</b>	<b>SP</b>	<b>31.72</b>
<b>200 M</b>	<b>13 Anderson</b>	<b>P</b>	<b>31.96</b>
<b>200 M</b>	<b>14 Slattery</b>	<b>C</b>	<b>31.99</b>
<b>200 M</b>	<b>15 Lambert</b>	<b>C</b>	<b>32.44</b>
<b>200 M</b>	<b>16 Huston</b>	<b>M</b>	<b>32.73</b>
<b>200 M</b>	<b>17 Ali</b>	<b>P</b>	<b>35.23</b>
<b>200 M</b>	<b>18 Mohammad</b>	<b>P</b>	<b>48.65</b>

<b>3200 M</b>	<b>1 Conley</b>	<b>C</b>	<b>11 48.71</b>
<b>3200 M</b>	<b>2 Pallozzi</b>	<b>D</b>	<b>12 42.95</b>
<b>3200 M</b>	<b>3 Mohammed</b>	<b>SP</b>	<b>13 59.85</b>
<b>3200 M</b>	<b>4 Jeffrey</b>	<b>SP</b>	<b>14 00.80</b>

<b>4 x 400 M</b>	<b>1 Cheverus</b>	<b>C</b>	<b>4 27.06</b>
<b>4 x 400 M</b>	<b>2 Portland</b>	<b>P</b>	<b>4 35.12</b>
<b>4 x 400 M</b>	<b>3 South Portland</b>	<b>SP</b>	<b>4 37.79</b>

Spang, Durgin, Thomas, Summa

<b>Long Jump</b>	<b>1 Stewart</b>	<b>D</b>	<b>15 9.25</b>
<b>Long Jump</b>	<b>2 Alonzo</b>	<b>C</b>	<b>14 2.25</b>
<b>Long Jump</b>	<b>3 Desjardins</b>	<b>SP</b>	<b>14 1.5</b>
<b>Long Jump</b>	<b>4 Slattery</b>	<b>C</b>	<b>13 5.75</b>
<b>Long Jump</b>	<b>5 Thomas</b>	<b>C</b>	<b>12 9.5</b>
<b>Long Jump</b>	<b>6 Allen</b>	<b>M</b>	<b>12 3.75</b>
<b>Long Jump</b>	<b>7 Gilson</b>	<b>P</b>	<b>11 6</b>
<b>Long Jump</b>	<b>8 Bradbury</b>	<b>SP</b>	<b>11 5</b>
<b>Long Jump</b>	<b>9 Grant</b>	<b>Sp</b>	<b>11 3.5</b>
<b>Long Jump</b>	<b>10 Goodrich</b>	<b>M</b>	<b>11 1.5</b>

<b>Triple Jump</b>	<b>1 Summa</b>	<b>C</b>	<b>31 05.75</b>
<b>Triple Jump</b>	<b>2 Coombs</b>	<b>SP</b>	<b>27 4.5</b>
<b>Triple Jump</b>	<b>3 Campbell</b>	<b>SP</b>	<b>27 0.5</b>
<b>Triple Jump</b>	<b>4 Ouellette</b>	<b>SP</b>	<b>26 6.5</b>
<b>Triple Jump</b>	<b>5 Goodridge</b>	<b>M</b>	<b>26 2.5</b>
<b>Triple Jump</b>	<b>6 Allen</b>	<b>M</b>	<b>25 6.75</b>
<b>Triple Jump</b>	<b>7 Dubois</b>	<b>M</b>	<b>24 4</b>
<b>Triple Jump</b>	<b>8 Nee</b>	<b>M</b>	<b>19 0.5</b>

<b>High Jump</b>	<b>1 Summa</b>	<b>C</b>	<b>5 0</b>
<b>High Jump</b>	<b>2 Stewart</b>	<b>D</b>	<b>4 10</b>
<b>High Jump</b>	<b>3 Zagon</b>	<b>D</b>	<b>4 8</b>
<b>High Jump</b>	<b>5 Coombs</b>	<b>SP</b>	<b>4 8</b>
<b>High Jump</b>	<b>6 O'Conor</b>	<b>P</b>	<b>4 8</b>
<b>High Jump</b>	<b>7 Ouellette</b>	<b>SP</b>	<b>4 0</b>

<b>Shot Put</b>	<b>1 Shapiro</b>	<b>C</b>	<b>33 0.5</b>
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Shot Put	2 Hasson	SP	32 4.75
Shot Put	3 Liziewski	M	27 6
Shot Put	4 Rickett	P	27 3.5
Shot Put	5 Johnson	SP	25 11
Shot Put	6 Garrison	SP	23 6.5
Shot Put	7 Francois	SP	23 6
Shot Put	8 Abdalla	P	22 11.5
Shot Put	9 Dodd	SP	22 0.5
Shot Put	10 Algonon	SP	20 9
Shot Put	11 Owens	SP	20 2.5
Shot Put	12 Rice	D	20 0.5
Shot Put	13 Fisher	SP	18 6
Shot Put	14 Marles	P	16 10

Javelin	1 Hasson	SP	76 2
Javelin	2 Shapiro	C	75 5
Javelin	3 Mahara	SP	71 2
Javelin	4 Flaherty	C	69 3
Javelin	5 Rickett	P	65 10
Javelin	6 Lambert	C	65 0
Javelin	7 Slattery	C	59 7
Javelin	8 Pallozzi	D	58 10
Javelin	9 Francois	SP	50 6
Javelin	10 Peaco	SP	45 3
Javelin	11 Johnson	SP	43 0
Javelin	12 Parks	D	41 5
Javelin	13 Dodd	SP	41 4
Javelin	14 Johnson	D	37 5
Javelin	15 Marles	P	35 1

Discus	1 Hasson	SP	87 7
Discus	2 Lambert	C	59 6
Discus	3 Parks	D	56 7
Discus	4 Shapiro	C	118 10
Discus	5 Liziewski	M	60 1
Discus	7 Garrison	SP	47 8
Discus	8 Johnson	SP	63 4
Discus	9 Francois	SP	67 8
Discus	10 Peaco	SP	51 5
Discus	11 Owens	SP	57 0
Discus	12 Flaherty	C	56 4
Discus	13 Stearns	D	90 0

<b>Discus</b>	<b>14 Rice</b>	<b>D</b>	<b>46 4</b>
<b>Discus</b>	<b>15 Ellis</b>	<b>D</b>	<b>72 3</b>
<b>Discus</b>	<b>17 Abdalla</b>	<b>P</b>	<b>57 2</b>
<b>Pole Vault</b>	<b>1 Houston</b>	<b>M</b>	<b>7 6</b>
<b>Pole Vault</b>	<b>2 Coombs</b>	<b>SP</b>	<b>6 0</b>
<b>Pole Vault</b>	<b>3 Martin</b>	<b>M</b>	<b>5 6</b>
<b>Pole Vault</b>	<b>4 Alognon</b>	<b>SP</b>	<b>5 0</b>