

GIRLS TRACK and FIELD
Monday, May 2, 2011
At Cheverus High School

TEAM SCORES

Cheverus	134
Deering	63
McAuley	35
Portland	41
South Portland	118

Name	Sch	Min/Ft Sec/In	Relay
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EVENTS

4 x 800 M	1 Cheverus	C	10 00.0	Conley, Gwilym, Durgin, Hendry
4 x 800 M	2 South Portland	SP	11 55.4	
4 x 800 M	3 McAuley	M	12 53.3	
4 x 800 M	4 Deering	D	13 25.6	

Racewalk	1 Grant	SP	11 04.6
Racewalk	2 Holzhacker	M	11 39.1
Racewalk	3 Hart	P	11 42.7
Racewalk	4 Dooling	SP	11 43.0
Racewalk	5 Gilson	P	11 58.9

100 M H Hurdles	1 Zagon	D	17.90
100 M H Hurdles	2 Slattery	C	20.00
100 M H Hurdles	3 Becker	M	20.80
100 M H Hurdles	4 Gilsom	P	21.70

100 M	1 Nyembo	P	13.2
100 M	2 Desjardins	SP	13.2
100 M	3 O'Connor	P	13.7
100 M	4 Alonzo	C	14.2
100 M	5 Adell	D	14.2
100 M	6 Angelo	P	14.3
100 M	7 Regias	D	14.3
100 M	8 Shannon	C	14.6

100 M	9 Reno	P	14.6
100 M	10 Bradbury	SP	15.0
100 M	11 Andersen	P	15.1
100 M	12 Dooling	SP	15.9
100 M	13 Alognon	SP	16.3
100 M	14 Fisher	SP	16.6
100 M	15 Dodd	SP	17.7
100 M	16 Francois	SP	17.8
100 M	17 Mohamed	D	22.6

1600 M	1 Hendry	C	5 24.0
1600 M	2 Donahue	SP	5 39.5
1600 M	3 Woods	C	5 52.6
1600 M	4 Simonds	C	5 59.9
1600 M	5 Mulligan	SP	6 00.5
1600 M	6 Kaiser	M	6 10.1
1600 M	7 Niedermeyer	C	6 16.0
1600 M	8 Flores	D	7 02.2
1600 M	9 Pilger	M	7 15.9
1600 M	10 Jordan	SP	7 23.0

4 x 100 M	1 Cheverus	C	53.8
4 x 100 M	2 South Portland	SP	54.7
4 x 100 M	3 Deering	D	54.8
4 x 100 M	4 Portland	P	59.8
4 x 100 M	5 McAuley	M	1 01

Alonzo, Thomas, Spang, Summa

400 M	1 Ellis	SP	1 04.9
400 M	2 Pallozzi	D	1 04.9
400 M	3 Gwilym	C	1 06.2
400 M	4 Spang	C	1 07.3
400 M	5 Tirabassi	SP	1 07.6
400 M	6 Slattery	C	1 09.6
400 M	7 Matthews	SP	1 15.6
400 M	8 LeTourneau	SP	1 16.0
400 M	9 McLune	D	1 19.0
400 M	10 Kane	M	1 21.5
400 M	11 Holzacker	M	1 22.3
400 M	12 Owens	SP	1 24.7

300 M Hurdles	1 Thomas	C	51.1
300 M Hurdles	2 Sager	D	52.4

300 M Hurdles	3 Becker	M	56.7
300 M Hurdles	4 Slattery	C	57.4
300 M Hurdles	5 Coombs	SP	58.6
300 M Hurdles	6 Mohammed	SP	1 00.9

800 M	1 Durgin	C	2 25.3
800 M	2 Ramonaas	D	2 30.8
800 M	3 Hendry	C	2 32.6
800 M	4 Donohue	SP	2 36.3
800 M	5 Gwilym	C	2 39.0
800 M	6 Woods	C	2 43.5
800 M	7 Gale	P	2 45.0
800 M	8 Campbell	SP	2 45.4
800 M	9 Mulligan	SP	2 47.4
800 M	10 LaFountain	C	2 48.0
800 M	11 Matthews	SP	2 51.0
800 M	12 Simonds	C	2 51.6
800 M	13 Johnson	D	2 56.0
800 M	14 Hart	D	2 57.9
800 M	15 Kucinene	D	3 12.5
800 M	16 Jordan	SP	3 16.7
800 M	17 Benfatta	SP	3 21.6
800 M	18 Meyers	D	3 42.3

200 M	1 Desjardins	SP	27.2
200 M	2 Nyembo	P	27.4
200 M	3 Angelo	P	29.3
200 M	4 Alonzo	C	29.5
200 M	5 Ellis	SP	30.0
200 M	6 Adell	D	30.3
200 M	7 Shapiro	C	30.9
200 M	8 Mack	D	31.0
200 M	9 Shannon	C	31.1
200 M	10 Flaherty	c	31.5
200 M	11 Reno	P	31.5
200 M	12 Bradbury	SP	31.8
200 M	13 Anderson	P	32.0
200 M	14 Slattery	C	32.0
200 M	15 Lambert	C	32.5
200 M	16 Huston	M	32.8
200 M	17 Ali	P	35.3
200 M	18 Mohammed	P	48.7

3200 M	1 Conley	C	11 48.8
3200 M	2 Pallozzi	D	12 43.0
3200 M	3 Mohammed	SP	13 59.9
3200 M	4 Jeffrey	SP	14 00.8

4 x 400 M	1 Cheverus	C	4 27.1
4 x 400 M	2 Portland	P	4 35.2
4 x 400 M	3 South Portland	SP	4 37.8

Spang, Durgin, Thomas, Summa

Long Jump	1 Stewart	D	15 9.25
Long Jump	2 Alonzo	C	14 2.25
Long Jump	3 Desjardins	SP	14 1.5
Long Jump	4 Slattery	C	13 5.75
Long Jump	5 Thomas	C	12 9.5
Long Jump	6 Allen	M	12 3.75
Long Jump	7 Gilson	P	11 6
Long Jump	8 Bradbury	SP	11 5
Long Jump	9 Grant	Sp	11 3.5
Long Jump	10 Goodrich	M	11 1.5

Triple Jump	1 Summa	C	31 05.75
Triple Jump	2 Coombs	SP	27 4.5
Triple Jump	3 Campbell	SP	27 0.5
Triple Jump	4 Ouellette	SP	26 6.5
Triple Jump	5 Goodridge	M	26 2.5
Triple Jump	6 Allen	M	25 6.75
Triple Jump	7 Dubois	M	24 4
Triple Jump	8 Nee	M	19 0.5

High Jump	1 Summa	C	5 0
High Jump	2 Stewart	D	4 10
High Jump	3 Zagon	D	4 8
High Jump	5 Coombs	SP	4 8
High Jump	6 O'Connor	P	4 8
High Jump	7 Ouellette	SP	4 0

Shot Put	1 Shapiro	C	33 0.5
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Shot Put	2 Hasson	SP	32 4.75
Shot Put	3 Liziewski	M	27 6
Shot Put	4 Rickett	P	27 3.5
Shot Put	5 Johnson	SP	25 11
Shot Put	6 Garrison	SP	23 6.5
Shot Put	7 Francois	SP	23 6
Shot Put	8 Abdalla	P	22 11.5
Shot Put	9 Dodd	SP	22 0.5
Shot Put	10 Algonon	SP	20 9
Shot Put	11 Owens	SP	20 2.5
Shot Put	12 Rice	D	20 0.5
Shot Put	13 Fisher	SP	18 6
Shot Put	14 Marles	P	16 10

Javelin	1 Hasson	SP	76 2
Javelin	2 Shapiro	C	75 5
Javelin	3 Mahara	SP	71 2
Javelin	4 Flaherty	C	69 3
Javelin	5 Rickett	P	65 10
Javelin	6 Lambert	C	65 0
Javelin	7 Slattery	C	59 7
Javelin	8 Pallozzi	D	58 10
Javelin	9 Francois	SP	50 6
Javelin	10 Peaco	SP	45 3
Javelin	11 Johnson	SP	43 0
Javelin	12 Parks	D	41 5
Javelin	13 Dodd	SP	41 4
Javelin	14 Johnson	D	37 5
Javelin	15 Marles	P	35 1

Discus	1 Hasson	SP	87 7
Discus	2 Lambert	C	59 6
Discus	3 Parks	D	56 7
Discus	4 Shapiro	C	118 10
Discus	5 Liziewski	M	60 1
Discus	7 Garrison	SP	47 8
Discus	8 Johnson	SP	63 4
Discus	9 Francois	SP	67 8
Discus	10 Peaco	SP	51 5
Discus	11 Owens	SP	57 0
Discus	12 Flaherty	C	56 4
Discus	13 Stearns	D	90 0

Discus	14 Rice	D	46 4
Discus	15 Ellis	D	72 3
Discus	17 Abdalla	P	57 2
Updated results	for the discus		
Discus	1 Shapiro	C	118 10
Discus	2 Stearns	D	90 0
Discus	3 Hasson	SP	87 7
Discus	4 Ellis	SP	72 3
Discus	5 Francois	SP	67 8

Pole Vault	1 Houston	M	7 6
Pole Vault	2 Coombs	SP	6 0
Pole Vault	3 Martin	M	5 6
Pole Vault	4 Alognon	SP	5 0