

2012 Lewiston KVAC Meet 3 - 5/7/2012
Lewiston High School
Results

Boys 100 Meter Dash

Name	Year	School	Finals	H#	Poi
Finals					
1 Curtis Griffin	SR	Mount View	11.23	1	6
2 Hassan Mohamed	FR	Lewiston	11.31	1	4
3 Jacob Weese	SR	Skowhegan	11.69	1	3
4 Jonathan Santiago	FR	MCI	11.73	1	2
5 Drew Olehowski	SR	Lewiston	12.12	1	1
6 Ricardo Juco	SR	Lewiston	12.19	2	
7 Dahir Muktar	SR	Lewiston	12.30	1	
8 Price Li	JR	MCI	12.52	1	
9 Tim Bennett	SR	Mount View	12.56	2	
10 Justin Ramos	FR	Skowhegan	12.59	2	
11 Derek Lupo	SR	Skowhegan	12.73	2	
12 Rex Wu	SO	MCI	12.83	2	
13 Caleb Pooler	SR	Skowhegan	12.83	4	
14 Nick Ross	SR	Lewiston	13.07	2	
15 Mohamed Abdi	FR	Lewiston	13.28	2	
16 Tian Tang	SR	MCI	13.33	2	
17 Sean Huang	SR	MCI	13.44	3	
18 Noah LaForge	JR	Mount View	13.45	4	
19 Josh Meng	FR	Skowhegan	13.72	5	
20 Joe Bowman	SR	MCI	13.74	5	
21 Kody Teixeira	SO	Skowhegan	13.91	3	
22 Mohamed Mohamed	SO	Lewiston	14.12	3	
23 Adam Shorey	SO	MCI	14.14	5	
24 Tyler Noble	JR	MCI	14.28	3	
25 Jed McGowan	FR	MCI	14.57	5	
26 Dylan Jardine	SO	Skowhegan	14.74	3	
27 Alex Weeman	JR	MCI	15.62	3	
28 Erdi Aslan	SR	MCI	15.98	4	
29 Tyler Engelhardt	SR	MCI	16.34	4	

Boys 200 Meter Dash

Name	Year	School	Finals	H#	Poi
1 Curtis Griffin	SR	Mount View	23.30	1	6
2 Hassan Mohamed	FR	Lewiston	23.31	1	4
3 Jacob Weese	SR	Skowhegan	24.12	5	3
4 Jonathan Santiago	FR	MCI	24.41	1	2
5 Mostafa Elfaham	SR	Lewiston	24.67	1	1
6 Drew Olehowski	SR	Lewiston	24.73	1	
7 Ricardo Juco	SR	Lewiston	25.10	2	
8 Jake Dumas	SR	Lewiston	25.51	1	
9 Price Li	JR	MCI	25.85	2	
10 Justin Ramos	FR	Skowhegan	25.98	3	
11 Tom Choate	SO	Lewiston	26.37	5	
12 Ian Roy	SR	Lewiston	26.38	2	
13 Derek Lupo	SR	Skowhegan	26.44	2	
14 Rex Wu	SO	MCI	26.46	2	
15 Caleb Pooler	SR	Skowhegan	26.55	4	
16 William Kelly		Skowhegan	26.64	5	
17 River Massey	FR	MCI	26.76	3	

18 Anthony Paul	SO Skowhegan	27.35	2
....Boys 200 Meter Dash			
19 Mohamed Abdi	FR Lewiston	27.42	3
20 Sean Huang	SR MCI	27.99	3
21 Noah LaForge	JR Mount View	28.16	4
22 Andrew Cloutier	SO Mount View	28.49	4
23 Jake McGowan	SR MCI	28.68	3
24 Trevor Kitchin	SO MCI	28.71	3
25 Silas Fox	SO Mount View	29.69	4
26 Dylan Jardine	SO Skowhegan	30.16	4
27 Erdi Aslan	SR MCI	33.49	4
Boys 400 Meter Dash			

Name	Year	School	Finals	H#	Poi
1 Dahir Muktar	SR	Lewiston	58.55	1	6
2 Tim Bennett	SR	Mount View	59.68	1	4
3 Trey Vintinner	SR	MCI	1:00.48	1	3
4 William Kelly		Skowhegan	1:01.02	1	2
5 Ian Roy	SR	Lewiston	1:04.11	1	1
6 Dustin McHugh	SR	Mount View	1:04.65	2	
7 Tyler Noble	JR	MCI	1:06.57	2	
8 Dylan Jardine	SO	Skowhegan	1:11.11	2	
Boys 800 Meter Run					

Name	Year	School	Finals	Points
1 Avery Stilley	JR	MCI	2:10.48	6
2 Kevin Lavertu	SR	Lewiston	2:11.92	4
3 Michael Letendre	SR	Lewiston	2:18.06	3
4 Mohamed Awil	JR	Lewiston	2:18.20	2
5 Jordan Balsamo	JR	Lewiston	2:20.76	1
6 Andrew Balsamo	JR	Lewiston	2:21.14	
7 Nevin Goewey	JR	MCI	2:26.49	
8 Nick Hawk	FR	Lewiston	2:33.07	
9 Cameron Neal	SR	MCI	2:33.26	
10 Spencer Lynds	SO	Skowhegan	2:35.55	
11 Ben Allen	SO	MCI	2:39.74	
12 Dustin McHugh	SR	Mount View	2:39.89	
13 Jake Jones	JR	Mount View	2:49.89	
Boys 1600 Meter Run				

Name	Year	School	Finals	Points
1 Mohamed Awil	JR	Lewiston	4:51.54	6
2 Avery Stilley	JR	MCI	4:52.68	4
3 Sammy Gachagua	SR	MCI	4:56.51	3
4 Michael Letendre	SR	Lewiston	4:56.84	2
5 Kevin Lavertu	SR	Lewiston	5:01.67	1
6 Andrew Balsamo	JR	Lewiston	5:05.53	
7 Jordan Balsamo	JR	Lewiston	5:09.13	
8 Abdikadir Hassan	SR	Lewiston	5:33.00	
9 Spencer Lynds	SO	Skowhegan	5:38.04	
10 Nick Hawk	FR	Lewiston	5:42.46	
....Boys 1600 Meter Run				
11 Shane Hathaway	SO	MCI	5:50.40	
12 Jake Jones	JR	Mount View	5:50.52	
13 Ben Allen	SO	MCI	6:09.59	
14 Jordan Valente	FR	MCI	6:14.53	

15 Tyler Engelhardt SR MCI 7:24.14
Boys 3200 Meter Run

Name	Year School	Finals	Points
1 Mohamed Awil	JR Lewiston	10:58.72	6
2 Sammy Gachagua	SR MCI	11:09.00	4
3 Adam Shorey	SO MCI	12:03.86	3
4 Tyler Noble	JR MCI	13:23.85	2

Boys 110 Meter Hurdles

Name	Year School	Finals	Points
1 Curtis Griffin	SR Mount View	16.69	6
2 Jacob Coombs	SO Skowhegan	18.42	4
3 Matt Chouinard	SR Lewiston	18.99	3

Boys 300 Meter Hurdles

Name	Year School	Finals	H#	Poi
1 Curtis Griffin	SR Mount View	45.75	1	6
2 Matt Chouinard	SR Lewiston	47.17	1	4
3 Jacob Coombs	SO Skowhegan	49.10	2	3
4 Shane Hathaway	SO MCI	51.64	2	2
5 Jordan Valente	FR MCI	54.21	2	1
6 Tony Kett	JR MCI	1:01.93	1	

Boys 4x100 Meter Relay

School	Finals	Points
1 Maine Central Institute 'A'	48.46	6
1) Rex Wu SO		
2) Price Li JR		
3) Will Cu JR		
4) Jonathan Santiago FR		
2 Lewiston High School 'A'	48.60	4
1) Drew Olehowski SR		
2) Hassan Mohamed FR		
3) Dahir Muktar SR		
4) Mostafa Elfaham SR		
3 Skowhegan Area High School 'A'	50.63	2
1) Isaiah Damon SO		
2) Brett Gilbert SO		
3) Anthony Paul SO		
4) Justin Ramos FR		
4 Maine Central Institute 'B'	52.14	
1) Jake McGowan SR		
2) Tian Tang SR		
3) Sean Huang SR		
4) River Massey FR		

Boys 4x400 Meter Relay

School	Finals	Points
1 Lewiston High School 'A'	3:54.93	6
1) Kusow Aden JR		
2) Kevin Lavertu SR		
3) Hassan Mohamed FR		
4) Dahir Muktar SR		
2 Maine Central Institute 'A'	4:19.44	4
1) Trevor Kitchin SO		
2) Shane Hathaway SO		
3) Tian Tang SR		
4) Nevin Goewey JR		
3 Mount View 'A'	4:33.32	2
1) Justin Sigouin SR		
2) Silas Fox SO		
3) Jake Jones JR		
4) Tim Bennett SR		

Boys 4x800 Meter Relay

School	Finals	Points
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1	Maine Central Institute	'A'		9:27.8h	6
	1) Sammy Gachagua	SR	2) Adam Shorey	SO	
	3) Nevin Goewey	JR	4) Avery Stilley	JR	
2	Lewiston High School	'A'		9:31.5h	4
	1) Andrew Balsamo	JR	2) Nick Hawk	FR	
	3) Abdikadir Hassan	SR	4) Mohamedkadir Mohamed	SO	
3	Mount View	'A'		10:40.9h	2
	1) Jake Jones	JR	2) Dustin McHugh	SR	
	3) Silas Fox	SO	4) Justin Sigouin	SR	

Boys High Jump

Name	Year	School	Finals	Points
1 Brett Gilbert	SO	Skowhegan	5-10.00	6
2 Derek Withee	SR	Skowhegan	5-08.00	4
3 Isaiah Damon	SO	Skowhegan	5-04.00	3
4 Jared Dumas	SO	Lewiston	5-00.00	2
5 Price Li	JR	MCI	4-10.00	1
6 Preston Ouellet	FR	Lewiston	4-10.00	
-- Shane Hathaway	SO	MCI	NH	
-- Mostafa Elfaham	SR	Lewiston	NH	

Boys Pole Vault

Name	Year	School	Finals	Points
1 Christian Labonte	SR	Lewiston	11-00.00	6
2 Derek Withee	SR	Skowhegan	9-06.00	4
3 Mickenzy Ronco		Skowhegan	8-06.00	3
4 River Massey	FR	MCI	8-00.00	2
5 Silas Fox	SO	Mount View	8-00.00	1
6 Tony Kett	JR	MCI	7-06.00	
7 Will Cu	JR	MCI	7-00.00	
7 Trevor Kitchin	SO	MCI	7-00.00	

Boys Long Jump

Name	Year	School	Finals	Points
1 Mostafa Elfaham	SR	Lewiston	19-01.00	6
2 Jake Dumas	SR	Lewiston	18-09.25	4
3 Jonathan Santiago	FR	MCI	18-02.50	3
4 Owen Freeman	JR	Mount View	17-08.00	2
5 Jacob Coombs	SO	Skowhegan	17-06.00	1
6 Ricardo Juco	SR	Lewiston	17-00.50	
7 Justin Ramos	FR	Skowhegan	16-02.00	
8 Rex Wu	SO	MCI	16-01.25	
9 Mickenzy Ronco		Skowhegan	15-09.50	
10 Matt Chouinard	SR	Lewiston	15-08.25	
11 Will Cu	JR	MCI	15-07.25	
12 Jared Dumas	SO	Lewiston	15-05.00	
13 Mohamed Mohamed	SO	Lewiston	15-01.75	
14 Preston Ouellet	FR	Lewiston	15-01.50	
15 Kody Teixeira	SO	Skowhegan	15-00.25	
16 William Kelly		Skowhegan	14-02.75	
17 Tony Kett	JR	MCI	11-04.75	
18 Dylan Jardine	SO	Skowhegan	10-05.75	

Boys Triple Jump

Name	Year	School	Finals	Points
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1	Jake Dumas	SR	Lewiston	40-04.00	6
2	Trey Vintinner	SR	MCI	37-11.50	4
3	Jacob Coombs	SO	Skowhegan	37-10.00	3
4	Anthony Paul	SO	Skowhegan	34-00.00	2
5	Mohamed Mohamed	SO	Lewiston	33-03.25	1
6	Matt Chouinard	SR	Lewiston	33-01.50	
7	Jared Dumas	SO	Lewiston	32-02.25	
8	Will Cu	JR	MCI	31-08.50	
9	Preston Ouellet	FR	Lewiston	31-00.50	
Boys Shot Put					

Name	Year	School	Finals	Points	
1	Rudy Pandora	SR	Lewiston	47-00.00	6
2	Leo Gaghan	SR	Lewiston	42-05.00	4
3	Michael Nazaroff	SR	Lewiston	41-10.00	3
4	Jake McGowan	SR	MCI	39-10.00	2
5	John Peters	SR	Lewiston	39-01.00	1
6	Nick Ross	SR	Lewiston	37-03.00	
7	Ben Kormann	SR	Mount View	34-05.00	
8	Dash Albright	SR	Mount View	33-11.00	
9	Trey Vintinner	SR	MCI	32-08.00	
10	Joe Bowman	SR	MCI	32-03.00	
11	Owen Freeman	JR	Mount View	31-04.00	
12	Devon Fuller	JR	Mount View	30-05.00	
13	Alex Nazaroff	SO	Lewiston	29-03.00	
14	Tyler Noble	JR	MCI	28-02.00	
15	Josh Meng	FR	Skowhegan	27-08.00	
16	Erdi Aslan	SR	MCI	26-08.00	
....Boys Shot Put					
17	Jed McGowan	FR	MCI	26-07.00	
18	Gavin Caler	SR	Mount View	23-10.00	
19	Chris Cole	FR	Mount View	23-06.00	
20	Alex Harvey	FR	MCI	21-00.00	
Boys Discus Throw					

Name	Year	School	Finals	Points	
1	Jacob Weese	SR	Skowhegan	135-00	6
2	Rudy Pandora	SR	Lewiston	131-10	4
3	Devon Beland	SR	Lewiston	118-02	3
4	Jake McGowan	SR	MCI	114-10	2
5	Leo Gaghan	SR	Lewiston	113-09	1
6	John Peters	SR	Lewiston	113-07	
7	Cody Mousseau	SR	Lewiston	111-00	
8	Trey Vintinner	SR	MCI	104-08	
9	Anthony Hunt	SO	Skowhegan	103-00	
10	Nick Ross	SR	Lewiston	101-00	
11	Lucas Rushton	FR	Lewiston	98-09	
12	Joe Bowman	SR	MCI	96-00	
13	Dash Albright	SR	Mount View	94-07	
14	Devon Fuller	JR	Mount View	91-07	
15	Ben Kormann	SR	Mount View	85-05	
16	Michael Nazaroff	SR	Lewiston	82-04	
17	Jed McGowan	FR	MCI	77-02	
18	Erdi Aslan	SR	MCI	76-01	
19	Alex Nazaroff	SO	Lewiston	75-09	
20	Alex Weeman	JR	MCI	69-05	
21	Tyler Engelhardt	SR	MCI	52-01	

22 Alex Harvey	FR MCI	49-00
23 Matthew Lepage	SR Lewiston	38-07

Boys Javelin Throw

Name	Year School	Finals	Points
1 Owen Freeman	JR Mount View	137-07	6
2 Cody Mousseau	SR Lewiston	117-02	4
3 Anthony Paul	SO Skowhegan	115-04	3
4 Rudy Pandora	SR Lewiston	114-01	2
5 Dash Albright	SR Mount View	113-07	1
6 Jacob Weese	SR Skowhegan	107-06	
7 Gavin Caler	SR Mount View	107-01	
8 Anthony Hunt	SO Skowhegan	97-09	
9 Christian Labonte	SR Lewiston	97-02	
10 Josh Meng	FR Skowhegan	96-06	
11 Devon Beland	SR Lewiston	95-11	
12 Tom Choate	SO Lewiston	93-09	
13 Lucas Rushton	FR Lewiston	93-03	
14 Alex Weeman	JR MCI	88-10	
15 Trevor Kitchin	SO MCI	88-06	
16 Cameron Neal	SR MCI	87-05	
17 Joe Bowman	SR MCI	85-08	
18 Jed McGowan	FR MCI	80-09	
....Boys Javelin Throw			
19 River Massey	FR MCI	70-08	
20 Tony Kett	JR MCI	57-02	
21 Alex Harvey	FR MCI	54-09	
22 Matthew Lepage	SR Lewiston	52-07	
-- Michael Nazaroff	SR Lewiston	FOUL	
Boys 1600 Meter Race Walk			

Name	Year School	Finals	Points
1 Cameron Neal	SR MCI	9:16.52	6
2 Ian Roy	SR Lewiston	9:32.34	4
3 Spencer Lynds	SO Skowhegan	9:58.75	3
4 Andrew Cloutier	SO Mount View	9:59.80	2
5 Alex Weeman	JR MCI	9:59.86	1

Men - Team Rankings - 19 Events Scored

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| 1) Lewiston High School | 120 | 2) Maine Central Institute |
| 3) Skowhegan Area High School | 55 | 4) Mount View |