

31st Old Hallowell Day 5K - 7/17/2010

Hallowell, Maine

Results

| Name                   | Age Team               | Avg Mile |       |
|------------------------|------------------------|----------|-------|
| 1-13 Results - Women   |                        |          |       |
| 1 McKee, Anne          | W12 Unattached         | 7:50     | 24:20 |
| 2 Wilson, Emma         | W12 Unattached         | 8:44     | 27:08 |
| 3 Liebold, Zoe         | W10 Unattached         | 10:44    | 33:21 |
| 4 Calicchio, Melanie   | W13 Unattached         | 12:00    | 37:16 |
| 5 McKee, Kate          | W10 Unattached         | 12:13    | 37:55 |
| 6 Parker, Britni       | W13 Parker Family 1    | 12:18    | 38:12 |
| 7 Parker, Serena       | W12 Parker Family 1    | 12:29    | 38:47 |
| 8 Kosinski, Carlyn     | W10 Unattached         | 13:11    | 40:55 |
| 14-16 Results - Women  |                        |          |       |
| 1 Henry, Mollie        | W16 Unattached         | 7:25     | 23:02 |
| 2 Nims, Sarah          | W16 Unattached         | 8:01     | 24:54 |
| 3 MacDonald, Laura     | W15 Unattached         | 9:28     | 29:24 |
| 4 Bluhm, Lara          | W15 Unattached         | 9:28     | 29:24 |
| 5 Fortin, Allison      | W15 Unattached         | 10:15    | 31:51 |
| 6 Fenderson, Macy      | W16 Unattached         | 10:16    | 31:54 |
| 7 True, Abby           | W14 Unattached         | 12:49    | 39:49 |
| 8 Williams, Kelit      | W15 Unattached         | 12:51    | 39:53 |
| 17-19 Results - Women  |                        |          |       |
| 1 Collier, Meaghan     | W17 Unattached         | 7:03     | 21:52 |
| 2 Burr, Taylor         | W18 Unattached         | 7:10     | 22:14 |
| 3 Marks, Kaitlyn       | W17 Unattached         | 7:27     | 23:07 |
| 4 Wilson, Cadyn        | W17 Unattached         | 8:22     | 25:57 |
| 20-24 Results - Women  |                        |          |       |
| 1 Ellis, Magen         | W20 Ellis Construction | 6:36     | 20:28 |
| 2 Ellis, Amanda        | W22 Ellis Construction | 8:00     | 24:50 |
| 3 Pratt, Heather       | W22 Unattached         | 8:01     | 24:53 |
| 4 Biliouris, Kelsey    | W22 Unattached         | 8:35     | 26:39 |
| 5 Marquardt, Kim       | W24 Unattached         | 8:41     | 26:57 |
| 6 Keene, Kylie         | W20 Unattached         | 9:12     | 28:33 |
| 7 Pratt, Ashley        | W22 Unattached         | 9:15     | 28:42 |
| 8 Pouliot, Megan       | W22 Unattached         | 9:18     | 28:54 |
| 9 Ringdahl, Danielle   | W24 Unattached         | 9:25     | 29:13 |
| 10 Brann, Bethanie     | W22 Ellis Construction | 10:52    | 33:45 |
| 11 Riker, Gretchen     | W23 Unattached         | 11:50    | 36:46 |
| 25-29 Results - Women  |                        |          |       |
| 1 Wheaton, Marie       | W29 Unattached         | 6:52     | 21:20 |
| 2 Webber, Erica        | W28 Unattached         | 7:19     | 22:44 |
| 3 Ayotte, Helen        | W28 Unattached         | 7:53     | 24:27 |
| 4 Clark-Kelley, Casey  | W28 Unattached         | 8:47     | 27:15 |
| 5 Longfellow, Joy      | W25 Unattached         | 9:00     | 27:58 |
| 6 Allen, Melissa       | W28 Unattached         | 9:13     | 28:37 |
| 7 Quintal, Cassandra   | W25 Unattached         | 9:25     | 29:14 |
| 8 Gold, Lauren         | W26 Unattached         | 9:25     | 29:16 |
| 9 Picard, Rebecca      | W26 Unattached         | 9:44     | 30:15 |
| 10 Higgings, Susan     | W29 Unattached         | 9:56     | 30:50 |
| 11 Platt, Angela       | W28 Unattached         | 10:08    | 31:29 |
| 12 Duplessis, Samantha | W25 Unattached         | 10:13    | 31:44 |
| 13 Brown, Laura        | W25 Unattached         | 10:17    | 31:55 |
| 14 Kokernak, Bobbie    | W29 Unattached         | 11:21    | 35:15 |
| 15 Abbott, Victoria    | W29 Unattached         | 11:59    | 37:14 |
| 16 Spencer, Katie      | W25 Unattached         | 13:44    | 42:40 |

|                            |                     |       |       |
|----------------------------|---------------------|-------|-------|
| 17 Mayhew, Tiffany         | W25 Parker Family 2 | 14:01 | 43:32 |
| 30-34 Results - Women      |                     |       |       |
| 1 Corbin, Angela           | W33 Unattached      | 7:51  | 24:24 |
| 2 Boudreau, Jennifer       | W33 Unattached      | 8:03  | 24:58 |
| 3 Rice, Alicia             | W33 Unattached      | 8:04  | 25:01 |
| 4 Vseli, Jessica           | W34 Unattached      | 8:18  | 25:47 |
| 5 Dzurec-Dunton, Kate      | W31 Unattached      | 9:00  | 27:57 |
| 6 Lizotte, Melissa         | W30 Unattached      | 9:06  | 28:14 |
| 7 Soule, Meagan            | W32 Unattached      | 9:36  | 29:50 |
| 8 Hunter, Alicia           | W32 Unattached      | 9:39  | 29:57 |
| 9 Dunham, Kim              | W32 Unattached      | 9:48  | 30:25 |
| 10 Stewart, Sarah          | W33 Unattached      | 9:48  | 30:26 |
| 11 Pagliaro, Annette       | W33 Unattached      | 10:03 | 31:12 |
| 12 Chubbuck, Stacy         | W33 Unattached      | 10:17 | 31:57 |
| 13 Ellis, Aimee            | W30 Unattached      | 10:19 | 32:03 |
| 14 Dostie, Amber           | W30 Unattached      | 10:20 | 32:04 |
| 15 Pierce, MaryBeth        | W34 Unattached      | 10:50 | 33:37 |
| 16 Gallagher, Allison      | W33 Unattached      | 10:56 | 33:56 |
| 17 Jamison, Jill           | W34 Slow and Steady | 11:27 | 35:33 |
| 18 Warner, Suzanne         | W31 Unattached      | 11:45 | 36:29 |
| 19 Zardus, Heather         | W31 Unattached      | 12:49 | 39:48 |
| 35-39 Results - Women      |                     |       |       |
| 1 Kimball, Rosalea         | W38 Unattached      | 6:17  | 19:30 |
| 2 Oliver, Amy              | W39 Unattached      | 6:55  | 21:27 |
| 3 Trice, Kristy            | W37 Unattached      | 8:08  | 25:14 |
| 4 Couture, Shelly          | W39 Unattached      | 8:26  | 26:12 |
| 5 Gaudreau, Amy            | W35 Unattached      | 8:36  | 26:43 |
| 6 Deering, Jennifer        | W37 Unattached      | 8:57  | 27:47 |
| 7 Hapworth, Carrie         | W38 Unattached      | 9:05  | 28:12 |
| 8 Rybarczyk, Jill          | W35 Unattached      | 9:14  | 28:39 |
| 9 Chase, Anna              | W35 Unattached      | 9:57  | 30:54 |
| 10 Charnecki, Sara         | W37 Unattached      | 9:58  | 30:57 |
| 11 Boardman, Jennifer      | W37 Slow and Steady | 10:23 | 32:15 |
| 12 Bowie, Kim              | W37 Unattached      | 10:36 | 32:54 |
| 13 Schools, Melissa        | W38 Unattached      | 10:47 | 33:30 |
| 14 Thompson, Tiffany       | W36 Unattached      | 10:57 | 33:59 |
| 40-44 Results - Women      |                     |       |       |
| 1 Nathan, Becky            | W44 Unattached      | 6:43  | 20:50 |
| 2 Albert, Dena             | W41 Unattached      | 7:11  | 22:17 |
| 3 MacLean, Michele         | W42 Unattached      | 7:26  | 23:06 |
| 4 Nathan, Debra            | W42 Unattached      | 8:00  | 24:51 |
| 5 Fennell, Kristen         | W41 Unattached      | 8:06  | 25:10 |
| 6 Costa, Jessica           | W41 Unattached      | 8:21  | 25:54 |
| 7 Bouchard, Michelle       | W40 Unattached      | 8:32  | 26:29 |
| 8 Burnham, Sue             | W43 Unattached      | 9:11  | 28:31 |
| 9 Vincent, Sarah           | W44 Unattached      | 9:22  | 29:04 |
| 10 Sargent-Plante, Heather | W41 Unattached      | 9:35  | 29:47 |
| 11 Parenteau, Doris        | W40 Unattached      | 9:41  | 30:03 |
| 12 Ladner, Nichole         | W43 Unattached      | 10:17 | 31:57 |
| 13 Mills, Cindy            | W43 Unattached      | 10:54 | 33:50 |
| 14 Lajoie, Marleen         | W42 Unattached      | 13:51 | 43:01 |
| 45-49 Results - Women      |                     |       |       |
| 1 Moll, Leanne             | W47 Unattached      | 7:38  | 23:41 |
| 2 Davis-Rankin, Donna      | W48 Unattached      | 8:00  | 24:51 |
| 3 McGrail, Betsy           | W49 Unattached      | 8:52  | 27:31 |
| 4 Ely, Diana               | W48 Parker Family 1 | 8:53  | 27:34 |
| 5 Liebold, Cindy           | W49 Unattached      | 8:53  | 27:34 |
| 6 Lloyd, Erin              | W45 Unattached      | 9:20  | 28:58 |

|                            |                  |       |       |
|----------------------------|------------------|-------|-------|
| 7 Dixon, Jody              | W46 Unattached   | 9:26  | 29:17 |
| 8 Leet, Trish              | W49 Unattached   | 10:03 | 31:13 |
| 9 Longfellow, Pamela       | W47 Unattached   | 10:14 | 31:46 |
| 10 Grenier, Susan          | W49 Unattached   | 10:56 | 33:56 |
| 11 MacMillan, Cathy        | W46 Unattached   | 12:04 | 37:28 |
| 12 Tutwiler, Helen         | W49 Unattached   | 12:52 | 39:58 |
| 13 Despres, Teresa         | W46 Unattached   | 17:20 | 53:51 |
| 50-54 Results - Women      |                  |       |       |
| 1 Butz, Jane               | W50 Unattached   | 7:36  | 23:35 |
| 2 Henry, Gerry             | W52 Unattached   | 8:01  | 24:53 |
| 3 Heino, Dianne            | W52 Unattached   | 8:50  | 27:24 |
| 4 Spencer, Ron             | W50 Unattached   | 8:51  | 27:27 |
| 5 Roy, Sharon              | W52 Unattached   | 9:33  | 29:38 |
| 6 Large, Deb               | W53 Unattached   | 9:35  | 29:45 |
| 7 Shepard, Mary            | W52 Unattached   | 9:49  | 30:30 |
| 8 Webster, Paula           | W50 Unattached   | 10:02 | 31:10 |
| 9 Biliouris, Sue           | W53 Unattached   | 10:24 | 32:19 |
| 10 Spencer, Jan            | W50 Unattached   | 13:44 | 42:39 |
| 11 Goulet, Marjean         | W50 Unattached   | 13:45 | 42:41 |
| 12 Quintal, Maria          | W54 Unattached   | 17:20 | 53:49 |
| 13 Lyons, Anila            | W54 Unattached   | 17:20 | 53:50 |
| 55-59 Results - Women      |                  |       |       |
| 1 Kistenmacher, Sue        | W57 Unattached   | 8:38  | 26:49 |
| 2 Allen, Marie             | W56 Unattached   | 12:16 | 38:06 |
| 3 Dickens, Charlyn         | W55 Hall-Dale 72 | 17:18 | 53:44 |
| 4 Morrison-Andrews, Sharal | W55 Unattached   | 17:19 | 53:48 |
| 60-64 Results - Women      |                  |       |       |
| 1 Flood, Varina            | W61 Unattached   | 8:46  | 27:14 |
| 2 Mills, Nancy             | W64 Unattached   | 9:14  | 28:40 |
| 3 Mokros, Jan              | W61 Unattached   | 9:59  | 30:59 |
| 4 Sawyer, Paula            | W61 Unattached   | 10:23 | 32:14 |
| 5 Charnecki, Elizabeth     | W63 Unattached   | 11:16 | 34:58 |
| 65-69 Results - Women      |                  |       |       |
| 1 Giglio, Marsha           | W66 Unattached   | 9:24  | 29:10 |
| 70+ Results - Women        |                  |       |       |
| 1 Amazeen, Helen           | W77 Unattached   | 11:31 | 35:47 |
| 2 Doe, Sherry              | W71 Unattached   | 13:44 | 42:39 |
| 1-13 Results - Men         |                  |       |       |
| 1 Day, Sam                 | M13 Unattached   | 6:59  | 21:40 |
| 2 Muscat, Kyle             | M13 Unattached   | 8:07  | 25:13 |
| 3 Crocker, Nathan          | M13 Unattached   | 8:31  | 26:28 |
| 4 Lapointe, Wesley         | M13 Unattached   | 9:31  | 29:32 |
| 5 Lombard, Eric            | M11 Unattached   | 9:34  | 29:42 |
| 6 Gardner, Jordan          | M12 Unattached   | 9:44  | 30:14 |
| 7 Gardner, Colby           | M10 Unattached   | 11:10 | 34:41 |
| 8 Baez, Luis               | M10 Unattached   | 11:32 | 35:47 |
| 9 Whitcomb, Jonathan       | M11 Unattached   | 12:46 | 39:40 |
| 14-16 Results - Men        |                  |       |       |
| 1 Ringer, Josh             | M15 Unattached   | 6:26  | 19:59 |
| 2 Shagoury, Spencer        | M15 Team Wade    | 6:30  | 20:11 |
| 3 Whitcomb, Cody           | M16 Unattached   | 6:33  | 20:19 |
| 4 Cheung, Harry            | M15 Fbgm         | 6:52  | 21:18 |
| 5 Bond, Tucker             | M15 Fbgm         | 6:57  | 21:33 |
| 6 Woods, Michael           | M15 Unattached   | 7:02  | 21:50 |
| 7 Boyman, James            | M14 Unattached   | 7:18  | 22:41 |
| 8 Hubbard, Julian          | M16 Unattached   | 7:54  | 24:32 |
| 9 Liebold, Zachary         | M15 Unattached   | 7:58  | 24:43 |
| 10 Muscat, Joshua          | M15 Unattached   | 8:16  | 25:40 |

|                        |                      |       |       |
|------------------------|----------------------|-------|-------|
| 11 Thiele, Kuh         | M15 Fbgm             | 8:32  | 26:28 |
| 12 Gardner, Austin     | M16 Unattached       | 9:06  | 28:15 |
| 13 Fortier-Brown, Adam | M14 Unattached       | 11:06 | 34:29 |
| 17-19 Results - Men    |                      |       |       |
| 1 Davis, Wade          | M19 Team Wade        | 5:23  | 16:43 |
| 2 Lundquist, William   | M17 Augusta Swas Soc | 5:47  | 17:58 |
| 3 Vincent, Evan        | M18 Unattached       | 5:56  | 18:24 |
| 4 Beede, Briar         | M17 Augusta Swas Soc | 5:59  | 18:33 |
| 5 LaPointe, Caelan     | M17 Team Wade        | 6:22  | 19:47 |
| 6 Greeley, Justin      | M18 Unattached       | 6:23  | 19:50 |
| 7 Goewski, Chase       | M17 Unattached       | 6:30  | 20:11 |
| 8 Longfellow, Evan     | M19 Unattached       | 6:47  | 21:02 |
| 9 Hodge, Spencer       | M18 Augusta Swas Soc | 7:06  | 22:01 |
| 10 Kananowitz, David   | M18 Unattached       | 7:25  | 23:03 |
| 11 Coughlan, Joe       | M17 Unattached       | 7:29  | 23:14 |
| 12 Quintal, Aaron      | M18 Unattached       | 17:18 | 53:43 |
| 20-24 Results - Men    |                      |       |       |
| 1 Bansmer, Jacob       | M23 Unattached       | 6:23  | 19:48 |
| 2 Rountree, Drew       | M22 Unattached       | 7:00  | 21:42 |
| 3 Gagne, Eric          | M22 Unattached       | 7:01  | 21:47 |
| 4 Towle, Willie        | M22 Unattached       | 7:09  | 22:13 |
| 5 Brown, Michael       | M22 Unattached       | 7:17  | 22:36 |
| 6 Sagrans, Jacob       | M23 Unattached       | 7:58  | 24:44 |
| 7 St. Pierre, Michael  | M21 Unattached       | 9:12  | 28:33 |
| 8 Michaud, Ryan        | M22 Fat Break        | 11:12 | 34:47 |
| 9 Drost, Matthew       | M22 Unattached       | 14:12 | 44:07 |
| 25-29 Results - Men    |                      |       |       |
| 1 Fitzsimmons, Joseph  | M25 Unattached       | 5:52  | 18:12 |
| 2 Danforth, Wes        | M25 Unattached       | 6:06  | 18:57 |
| 3 Plourde, Devon       | M28 Parker Family 2  | 6:13  | 19:17 |
| 4 Trumbull, Mike       | M28 Unattached       | 6:19  | 19:35 |
| 5 Perry, Ian           | M25 Unattached       | 7:20  | 22:45 |
| 6 Bartke, Jesse        | M29 Cen ME Stripers  | 7:42  | 23:53 |
| 7 Rizzo, Frank         | M29 Unattached       | 7:55  | 24:36 |
| 8 Antogoni, Seth       | M25 Parker Family 2  | 8:01  | 24:54 |
| 9 Washburn, TJ         | M29 M.T.C.           | 8:09  | 25:19 |
| 10 Rowe, Jesse         | M28 Unattached       | 8:20  | 25:53 |
| 11 Dos Santos, Eric    | M29 Augusta Police   | 8:36  | 26:41 |
| 12 Hample, Niko        | M25 Unattached       | 8:36  | 26:41 |
| 13 Pickrell, Zach      | M26 Unattached       | 9:25  | 29:14 |
| 14 Garofalo, Craig     | M29 M.T.C.           | 9:33  | 29:39 |
| 15 Newcomb, Jacob      | M25 Fat Break        | 12:16 | 38:07 |
| 30-34 Results - Men    |                      |       |       |
| 1 Viselli, Joe         | M33 Old Goats        | 5:54  | 18:17 |
| 2 Bondreau, Wade       | M34 Old Goats        | 6:16  | 19:26 |
| 3 Hasty, Seth          | M30 Unattached       | 6:37  | 20:31 |
| 4 Colfer, Tighe        | M30 Unattached       | 7:04  | 21:56 |
| 5 Sawyer, Chad         | M33 Unattached       | 7:09  | 22:12 |
| 6 Abbott, Jay          | M31 Unattached       | 7:18  | 22:40 |
| 7 Dearnley, Nicholas   | M30 Unattached       | 7:41  | 23:51 |
| 8 Perkins, Scott       | M31 Unattached       | 8:41  | 26:57 |
| 9 Gray, Mike           | M31 Unattached       | 8:47  | 27:17 |
| 10 Dunton, Lee         | M33 Unattached       | 9:10  | 28:27 |
| 11 Young, Matt -       | M32 Cen ME Stripers  | 9:34  | 29:43 |
| 12 Hopkins, Bradley    | M30 Unattached       | 10:45 | 33:21 |
| 35-39 Results - Men    |                      |       |       |
| 1 Mills, Jared         | M36 Augusta Police   | 8:36  | 26:41 |
| 2 Gaudreau, Roger      | M35 Unattached       | 8:36  | 26:43 |

|                      |                      |       |       |
|----------------------|----------------------|-------|-------|
| 3 Circo, Diano       | M35 Cen ME Stripers  | 9:11  | 28:29 |
| 4 Chase, Cliff       | M36 Unattached       | 9:54  | 30:44 |
| 5 Gallagher, Ron     | M37 Unattached       | 9:56  | 30:50 |
| 6 Zardus, Derek      | M38 Unattached       | 12:46 | 39:40 |
| 40-44 Results - Men  |                      |       |       |
| 1 Cotnoir, John      | M40 Unattached       | 6:23  | 19:49 |
| 2 Hein, Michael      | M40 Maine Track Club | 6:50  | 21:13 |
| 3 Holland, Patrick   | M42 Unattached       | 6:58  | 21:38 |
| 4 Hartley, Dean      | M44 Unattached       | 7:19  | 22:43 |
| 5 Matava, Chris      | M43 Unattached       | 7:50  | 24:18 |
| 6 Simoneau, Jr, Jeff | M42 Unattached       | 7:53  | 24:28 |
| 7 Ives, Jonathan     | M41 Unattached       | 7:56  | 24:37 |
| 8 Sinclair, Bob      | M43 Unattached       | 8:00  | 24:51 |
| 9 Deering, Mark      | M40 Unattached       | 8:35  | 26:40 |
| 10 Gammon, Michael   | M43 Unattached       | 9:22  | 29:06 |
| 11 Kosinski, Kevin   | M43 Unattached       | 9:53  | 30:42 |
| 12 Wilson, Kimber    | M40 Unattached       | 10:53 | 33:46 |
| 13 Gardner, David    | M40 Unattached       | 11:10 | 34:42 |
| 45-49 Results - Men  |                      |       |       |
| 1 Vincent, Scott     | M45 Unattached       | 6:52  | 21:19 |
| 2 MacLean, Andrew    | M48 Unattached       | 7:00  | 21:44 |
| 3 Cart, Christopher  | M49 Unattached       | 7:08  | 22:08 |
| 4 Lang, Tom          | M45 Poolesville HS   | 7:12  | 22:22 |
| 5 Dube, Andre        | M47 Unattached       | 7:29  | 23:15 |
| 6 Cahillane, David   | M46 Unattached       | 7:38  | 23:42 |
| 7 Liebold, Steve     | M47 Unattached       | 7:43  | 23:59 |
| 8 White, Kevin       | M48 Unattached       | 7:58  | 24:43 |
| 9 Bailey, Gregory    | M49 Unattached       | 7:59  | 24:46 |
| 10 Norwood, William  | M46 Unattached       | 8:02  | 24:58 |
| 11 Ives, Stephen     | M46 Unattached       | 8:19  | 25:49 |
| 12 Whipkey, Scott    | M47 Unattached       | 8:29  | 26:20 |
| 13 Gregoire, Robert  | M45 Augusta Police   | 8:36  | 26:42 |
| 14 Hall, John        | M45 Unattached       | 8:52  | 27:32 |
| 15 Sturtevant, Ben   | M45 Unattached       | 9:00  | 27:56 |
| 16 Boardman, William | M45 Slow and Steady  | 9:15  | 28:44 |
| 17 Fennell, Stephen  | M47 Unattached       | 10:16 | 31:53 |
| 18 Goulet, John      | M48 Unattached       | 13:51 | 43:01 |
| 19 Morton, Jeffrey   | M49 Unattached       | 13:52 | 43:05 |
| 50-54 Results - Men  |                      |       |       |
| 1 Fenderson, Blane   | M50 Unattached       | 6:52  | 21:19 |
| 2 Thomas, Geoff      | M53 Unattached       | 8:15  | 25:38 |
| 3 LaPointe, George   | M53 Unattached       | 8:23  | 26:02 |
| 4 Whittier, Scott    | M54 Unattached       | 8:28  | 26:16 |
| 5 Norwood, Leroy     | M53 Unattached       | 8:52  | 27:32 |
| 6 Rankin, Wayde      | M51 Unattached       | 8:53  | 27:34 |
| 7 Large, Gordon      | M53 Unattached       | 8:58  | 27:51 |
| 8 Giguere, Paul      | M53 Unattached       | 10:19 | 32:01 |
| 9 Kozma, Steve       | M51 Unattached       | 10:32 | 32:43 |
| 10 Brown, Rob        | M51 Unattached       | 11:07 | 34:32 |
| 55-59 Results - Men  |                      |       |       |
| 1 Boyle, Rick        | M58 Unattached       | 6:36  | 20:28 |
| 2 Pratt, Bruce       | M56 Unattached       | 7:12  | 22:21 |
| 3 Johnston, Mark     | M57 M.T.C.           | 7:15  | 22:31 |
| 4 Gardiner, Conrad   | M59 Unattached       | 7:54  | 24:31 |
| 5 Johnston, Robert   | M58 Unattached       | 7:58  | 24:43 |
| 6 Tiemann, David     | M56 Unattached       | 8:04  | 25:03 |
| 7 Burnham, Ron       | M57 Unattached       | 8:21  | 25:55 |
| 8 Davis, Wes         | M58 Unattached       | 9:01  | 28:01 |

|                     |                  |       |       |
|---------------------|------------------|-------|-------|
| 9 Albert, Roland    | M58 Unattached   | 9:26  | 29:17 |
| 10 Quintal, Gary    | M55 Unattached   | 9:37  | 29:52 |
| 11 Dickens, Tom     | M56 Hall-Dale 72 | 17:19 | 53:48 |
| 60-64 Results - Men |                  |       |       |
| 1 Moriarty, Steve   | M60 Unattached   | 6:38  | 20:34 |
| 2 Harper, R.J.      | M63 Unattached   | 7:06  | 22:02 |
| 3 Sewall, Syd       | M61 Unattached   | 7:59  | 24:48 |
| 4 Dearnley, Mert    | M62 Unattached   | 8:15  | 25:36 |
| 5 VanSummern, John  | M61 Unattached   | 8:17  | 25:42 |
| 6 Knox, Thomas      | M61 Unattached   | 8:26  | 26:10 |
| 7 Fortin, Larry     | M61 Unattached   | 8:55  | 27:41 |
| 8 Vollmuth, George  | M63 Unattached   | 9:23  | 29:07 |
| 9 Charnecki, Tom    | M63 Unattached   | 9:54  | 30:46 |
| 10 Goodridge, Mark  | M64 Unattached   | 10:51 | 33:42 |
| 11 Katz, Roger      | M61 Unattached   | 10:55 | 33:55 |
| 65-69 Results - Men |                  |       |       |
| 1 Siren, Paul       | M65 Unattached   | 7:25  | 23:02 |
| 2 Sawyer, Charles   | M68 Unattached   | 8:03  | 25:01 |
| 3 Field, Daniel     | M65 Unattached   | 8:19  | 25:50 |
| 4 Tapley, Lance     | M65 Unattached   | 8:44  | 27:06 |
| 5 Frett, Michael    | M67 Unattached   | 9:07  | 28:18 |
| 6 Moland, Steve     | M66 Unattached   | 9:21  | 29:02 |
| 7 Lyons, Malcolm    | M68 Unattached   | 11:35 | 35:58 |
| 8 Gold, Steven      | M65 Unattached   | 15:30 | 48:08 |
| 70+ Results - Men   |                  |       |       |
| 1 Ives, Cliff       | M72 Unattached   | 11:28 | 35:38 |