

**NORDIC 5K - 11/19/2011**  
**MT. ARARAT HIGH SCHOOL - TOPSHAM, ME**  
**Results**

**#1 Mixed 5000 Meter Run**

Comp#	Name	School	Time	Points
1	32 McKenzie, Nate 16	16-19 Male	17:16.00	
2	10 Wood, Sam 15	16-19 Male	17:55.00	
3	3 Demosthenes, Jake 15	15 & Under Male	18:26.00	
4	50 Drew, David 47	40-49 Male	18:36.00	
5	28 Parsons, Nick 18	16-19 Male	18:41.00	
6	5 Bryant, Seth 18	16-19 Male	18:43.00	
7	60 Roberts, Dave 56	50-59 Male	18:44.00	
8	21 Blease, Dwight 51	50-59 Male	18:58.00	
9	61 Totman, John 45	40-49 Male	19:21.00	
10	38 Lizotte, Connie 34	30-39 Female	19:23.00	
11	53 Gott, Matt 14	15 & Under Male	19:24.00	
12	54 Gott, Jim 43	40-49 Male	19:27.00	
13	43 Cutko, Andy 47	40-49 Male	20:19.00	
14	4 Jackson, Nathan 17	16-19 Male	20:28.00	
15	23 Papa, Jake 15	15 & Under Male	20:40.00	
16	26 Radulski, Kellen 14	15 & Under Male	20:44.00	
17	44 Millan, Emilio 44	40-49 Male	20:56.00	
18	33 Smith, Dan 51	50-59 Male	21:15.00	
19	31 McKraken, James 16	16-19 Male	21:25.00	
20	25 White, Sandra 50	50-59 Female	21:37.00	
21	20 Lynch, Kelly 15	15 & Under Female	22:10.00	
22	27 McGrath, Emilia 17	16-19 Female	22:10.11	
23	1 Wood, Emma 18	16-19 Female	22:10.11	
24	68 Bouchard, Maggie 17	50-59 Female	22:11.00	
25	13 Deletetsky, Jeff 53	50-59 Male	23:50.00	
26	14 Read, Connor 15	15 & Under Male	24:14.00	
27	58 Coughlin, Tracy 46	40-49 Female	24:16.00	
28	30 Swyer, Blair 57	50-59 Male	24:20.00	
29	63 Sipiara, Richelle 50	50-59 Female	25:28.00	
30	52 Ferss, Gretchen 39	30-39 Female	25:41.00	
31	46 Collins, Kerry 38	30-39 Female	25:42.00	
32	45 Hamill, Dick 42	40-49 Male	25:44.00	
33	22 Swanholm, Doreen 53	50-59 Female	25:46.00	
34	34 Emerson, Thomas 14	15 & Under Male	25:49.00	
35	47 Porter, Tom 42	40-49 Male	26:50.00	
36	62 Loughlin, Jennifer 42	40-49 Female	27:01.00	
37	65 Hornor, James 59	50-59 Male	27:03.00	
38	24 Odliedson, Jennifer 50	50-59 Female	27:06.00	
39	59 Ritcheson, Michelle 35	30-39 Female	27:09.00	
40	66 Hobson, Mary 53	50-59 Female	27:23.00	
41	69 Mullen, Zach 13	15 & Under Male	27:44.00	
42	11 Raymond, Karen 47	40-49 Female	27:56.00	
43	57 Grabenstein, Melissa 34	30-39 Female	27:59.00	
44	67 Cundy, Margo 54	50-59 Female	28:09.00	
45	12 Raymond, Carly 16	16-19 Female	28:31.00	
46	37 Denke, Andrea 37	30-39 Female	28:33.00	
47	51 Walmsley, Julia 28	20-29 Female	28:41.00	
48	8 Damone, Eliza 32	30-39 Female	28:51.00	
49	19 Lavoie, Lori 32	30-39 Female	29:20.00	
50	16 Laurence, Michael 47	40-49 Male	29:34.00	
51	56 Ouellette, Lori 47	40-49 Female	29:41.00	
52	18 Lodon, Mary 53	50-59 Female	30:03.00	
53	9 Jones, Ellen 29	20-29 Female	30:53.00	
54	39 Riendeau, Robin 47	40-49 Female	31:29.00	

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55	15	Laurence, Tracy	41	40-49 Female	31:29.10
56	17	Hamilton, Bill	56	50-59 Male	31:32.00
57	6	Funke, Liz	46	40-49 Female	33:41.00
58	36	Pride, Denise	46	40-49 Female	34:15.00
59	42	Laurence, Ben	9	15 & Under Male	35:21.00
60	64	Atwood, Jayne	54	50-59 Female	36:02.00
61	49	Oliver, Deborah	47	40-49 Female	37:44.00
62	48	Simoneau, Kim	36	30-39 Female	37:45.00
63	55	Olsen, Andrea	43	40-49 Female	41:17.00
64	35	Webber, Katrin	46	40-49 Female	41:35.00
65	40	Clinch, Mark A.	55	50-59 Male	49:55.00
66	41	Scribner, Richard	60	60-69 Male	50:01.00