



**81<sup>st</sup> Annual New England Interscholastic  
Cross Country Championships**  
Saturday, November 14, 2015  
Thetford Academy  
304 Academy Rd, Thetford, VT 05074

Presented by the Council of New England Secondary School Principals' Association  
57 Northern Blvd., Colchester, CT 06415  
Executive Director: Donn Friedman, 860-416-1884, [donn@cnesspa.org](mailto:donn@cnesspa.org)  
President: Mike Burnham, Maine Principals' Association

**The meet will be held regardless of weather conditions.**

**Meet Director:** David McGinn  
802-535-6732  
[dmcginn@stjacademy.org](mailto:dmcginn@stjacademy.org)

**Site Director:** Bridget Dugan-Sullivan  
802-785-4805 ext. 266  
[bridget.dugan-sullivan@thet.net](mailto:bridget.dugan-sullivan@thet.net)

**Time:** Girls: 11:30 am                      Boys: 12:30 pm

**Number of Entries:** Each state may enter six (6) full cross-country teams (7 runners) and any other individual placing in the top twenty-five (25) positions in its state meet.

**Filing of Entries:** **Each state representative will follow the entry procedures on page 5. Entry forms must be entered no later than noon on Sunday, November 8, 2015.**

**Registration:** All competitors (teams and individuals) must checkin between 9:00 and 11:00 am at the registration table on the campus at Thetford Academy. Packets will contain race numbers and pins along with a course map. The packet will also contain CNESSPA pins and certificates for all competitors. There will be one coaches meeting for both races at 10:30 am.

**Entry Fee:** Entry fee is \$20 per individual or \$140 per team. There will be no refunds and **no purchase orders** will be accepted, check or cash only. Checks should be payable to **CNESSPA** and **paid on the day of the meet.**

- Awards:** Medals and trophies will be awarded at the conclusion of the meet, following verification of the score tabulation. **The award presentations will be held outside or in the gymnasium at Thetford Academy.** Medals for the first twenty-five (25) runners and team champion, runner-up, and third place trophies and medals will be awarded.
- Course:** A challenging 3.1 mile course through the woods. This is a spectator friendly course. A map of the course is included in this packet.
- Course Walks:** The course may be walked/viewed on Friday, November 13 from 1:00 pm until 5:00 pm sharp and Saturday morning from 9:00 am until 11:00 am.
- Parking:** Parking for teams will be available on campus. Spectators will be directed to parking sites near the campus (within walking distance). Most of the parking will be in fields. **Be advised that a spectator parking fee of \$10 per car will be collected.** There will be handicap parking available.
- Concessions:** Concessions will be available on site.
- Clean-up:** All trash and litter must be picked up before leaving. Trash receptacles are provided.
- Locker Rooms:** No locker rooms or dressing/shower facilities will be available.
- T-Shirts:** Official New England Cross Country Championship apparel will be sold at the meet. Apparel can be pre-ordered at [www.grr-tees.com](http://www.grr-tees.com) until the Thursday before the Meet and post-ordered beginning on Monday after the Meet.
- Shoes:** Spikes and waffle-soled shoes are allowed but not recommended.
- Rules:** NFHS Rules will be in effect, uniforms to comply with Rule 9, Section 6.
- Results:** [www.cnesspa.com](http://www.cnesspa.com) and [www.lancertiming.com](http://www.lancertiming.com)

**Hotels:**

It is very important that when calling to make a reservation that you tell the clerk you are with the “NEW ENGLAND CROSS COUNTRY CHAMPIONSHIP” to receive the group rate.

**Comfort Inn**  
56 Ralph Lehman Dr.  
White River Junction, VT 05001  
(802) 295-3051  
Rate: \$99.00 plus taxes  
Free hot breakfast

**White River Inn & Suites**  
91 Ballardvale Drive  
White River Junction, VT 05001  
802-295-3015  
Rate: \$105.00 plus taxes  
Complimentary continental breakfast

**Holiday Inn Express**  
121 Ballardvale Drive  
White River Junction, VT 05001  
802-299-2700  
Rate: 20% off the Best Available Rate plus taxes  
Complimentary hot breakfast

The above hotels were the only ones to respond and we have an agreement with them. There are other hotels in White River Junction, VT. Hotels in Lebanon, NH would also be convenient to Thetford.

## **Directions to Thetford Academy**

From I-91 from the North or South go to exit 14 on I-91 (Thetford exit). Turn left off the northbound exit, or right off the southbound exit. Go up the hill. At the top of the hill you will come to a four-way intersection (there will be signs and volunteers assisting with traffic.) Turn left at this intersection onto Academy Road. The school is approximately  $\frac{1}{2}$  mile on your right. Travel time by bus from: White River Jct, VT = 15 minutes, I-89N intersect with I-93 in Concord, NH = 1.5 hours, I-91N at Vermont's southern border with MA = 1.5 hours.

# **FOR STATE REPRESENTATIVE FILING ENTRIES ONLY!!!**

## **81<sup>st</sup> New England Boys' and Girls' Cross-Country Championships**

Thetford Academy, Thetford, VT

**Date:** Saturday, November 14, 2015

**Race Times:** Girls: 11:30 a.m. Boys: 12:30 p.m.

**Entry Procedure:** All entries need to be submitted from HyTek's Meet Manager by the designated person from each state. The file format is HyTek's "Export Advancers for Cross Country" and should be emailed to:

[rick@lancertiming.com](mailto:rick@lancertiming.com)

Along with the advancers file, each state representative should include a link to their respective state's championship results in the event there are any questions.

Entries must be received no later than Sunday – November 8<sup>th</sup> at 12:00 PM. Please make sure that the entries include the full name of the school (No ALL CAPS please!) and that all of the athletes' names are spelled correctly.

Once we receive your entries and they have been successfully imported into HyTek, we will email you a copy of your entries as received. Please review this copy and let us know of any corrections, including spellings. Parents, coaches, and athletes appreciate the effort made to ensure that names are correct.

# Thetford Academy 5000m Course

