

2024 MVC Cross Country Schedule

<u>Date</u>	<u>Day</u>	<u>Location (Host)</u>
August 19	Monday	First Practice
August 30	Friday	Bulldog Challenge @ Madison
September 5	Thursday	Maranacook (H), Hall-Dale, Lisbon, Spruce Mt., Winthrop, Monmouth, Erskine, Leavitt, Lincoln Academy, Waterville, Oxford Hills 4:00 Start
September 6	Friday	Madison (H), Valley, Mt. Abram, Carrabec, Dirigo
September 13	Friday	Telstar, Dirigo, Carrabec, Madison, Mt. Valley, Spruce Mt. (H), Mt. Abram, Maranacook
September 20	Friday	Winthrop (H), Madison, Carrabec, Oak Hill, Lisbon, Monmouth, Mt. Abram, Maranacook Boothbay/Wiscasset (H), Spruce Mt., Telstar, Dirigo, Mt. Valley, Hall-Dale, Richmond
September 27	Friday	Mid-Season Race @ Hall-dale (UMA)
October 1	Tuesday	Spruce Mt. (H), Madison, Telstar, Lisbon, Dirigo, Monmouth, Oak Hill, Carrabec, Richmond, Mt. Valley, Mt. Abram
October 5	Saturday	Festival of Champions @ Belfast
October 9	Wednesday	Dirigo (H), Telstar, Hall-Dale, Mt. Valley, Carrabec, Madison, Spruce Mt., Mt. Abram
October 11	Friday	Lisbon (H), Boothbay/Wiscasset, Winthrop, Oak Hill, Monmouth, Richmond, Maranacook
October 19	Saturday	MVC Championship @ UMA 11:00 am
October 26	Saturday	Regional Championship @ TBD
November 2	Saturday	State Championship @ TBD

Sept 6th, 13th , 20th
 Course Walk 3:15 (Unless Otherwise Noted)
 Race Time 4:15 (Unless Otherwise Noted)

Sept 27th, Oct. 1st, 5th, 9th, 11th
 Course Walk 2:45
 Race Time: 3:45

Boys Race First