

# 2025 KVAC Track and Field Schedule

**3:15 Coaches meeting, 3:30 start time unless noted**

## **Week 1**

**4/17 @ Edward Little**  
**4/24 @ Brunswick**  
**4/24 @ Messalonskee**  
**4/24 @ Mt. Ararat**  
**4/25 @ Morse**

**Thu 4/17, Fri 4/18, Sat 4/19, (Pre Vaca) or Wed 4/23, Thur 4/24, Fri 4/25 (Vacation week)**  
Lawrence, Waterville, Gardiner (Do Javelin in advance please bring results)  
Mt. Blue, Lincoln Acad, Oceanside, MCI  
Nokomis, Leavitt, Medomak Valley, Winslow  
Mt View, Lewiston, Cony, Camden Hills  
Belfast, Oxford Hills, Skowhegan, Erskine Academy

## **Week 2**

**4/30 @ Mt Blue**  
**5/1 @ Erskine**  
**5/1 @ Nokomis**  
**5/1 @ Lewiston**  
**5/1 @ Lawrence**  
**5/3 @ MCI**

## **Wednesday 4/30, Thursday 5/1 Friday 5/2 Saturday 5/3**

Medomak Valley, Gardiner, MCI, Cony  
Oceanside, Lincoln Academy, Mt View NO POLE VAULT  
Belfast, Messalonskee, Edward Little, Waterville  
Leavitt, Winslow, Skowhegan, Brunswick  
Mt Ararat, Morse, Camden Hills, Oxford Hills  
**10th Annual Husky Throwdown- 2 shot put circles, 2 discus and 2 javelin 10:00 Am Start**

## **Week 3**

**5/7 @ Winslow**  
**5/8 @ Camden Hills**  
**5/8 @ Oxford Hills**  
**5/8 @ Skowhegan**  
**5/8 @ Mt. Ararat**  
**5/10 @ Waterville**

## **Wednesday 5/7, Thursday 5/8, Friday 5/9, or Saturday 5/10 (SAT's?)**

MCI, Cony, Brunswick, Waterville  
Nokomis, Oceanside, Belfast, Medomak Valley NO POLE VAULT  
Mt. Blue, Edward Little, Lawrence  
Mt. View, Messalonskee, Morse, Leavitt  
Erskine Academy, Lincoln Academy, Gardiner, Lewiston  
**Waterville Invitational 10:00 AM Start**

## **Week 4**

**5/14 @ Messalonskee**  
**5/14 @ Leavitt**  
**5/15 @ Lewiston**  
**5/15 @ Waterville**  
**5/16 @ Mt View**

## **Wednesday 5/14, Thursday 5/15, Friday 5/16, Sat 5/17**

Gardiner, MCI, Medomak Valley, Lawrence  
Erskine Academy, Camden Hills, Brunswick, Morse  
Oxford Hills, Edward Little, Mt Ararat, Mt. Blue  
Lincoln Academy, Nokomis, Cony, Winslow  
Skowhegan, Belfast, Oceanside

## **Week 5**

**5/20 @ Medomak Valley**  
**5/22 @ Leavitt**  
**5/22 @ Brunswick**  
**5/23 @ Cony**  
**5/23 @ Lawrence**  
**5/24 @ Edward Little**

## **Wed 5/21 Thurs 5/22, Friday 5/23 or Saturday 5/24 -Rivalry Week**

Camden Hills, Oceanside, NO POLE VAULT  
Oxford Hills, Buckfield, Mountain Valley - Agricultural Classic  
Morse, Mt Ararat, Belfast, Lincoln Academy, Lisbon The Coastal Route 1 Invitational  
Mt Blue, Erskine Acad, Gardiner, Nokomis, Mt View, "Cap City" Classic  
Waterville, Skowhegan, Winslow, MCI, Messalonskee-Community Cup  
Lewiston, Brewer, Bangor- River City Rivals 11:00am Start

## **Championship Meets**

**Friday 5/30/23**

**Small KVAC Championships at Morse at 3:00 PM**

**Saturday 5/31/23**

**Large KVAC Championship at Cony 9:00 AM**

**Saturday 6/7/23 State Championship- A- Brwer, B-Frreport C-Messalonskee**

**Saturday 6/14/23 New England Championships Site TBD**