



Maine Association of USA Track & Field Junior Olympic Track & Field Championship (18 &un) and Region 1 Qualifying Meet (7 to 18)

Date: **Saturday, June 21, Sunday(Rain date June 22, 2025**
• Triathlon (9-10), Pentathlon(11-12, 13-14) – 9:00am
• All field events (7-8, 9-10, 11-12,13-14,15-16, 17-18) – 10am
All track events (7-8, 9-10, 11-12, 13-14,15-16, 17-18) – 12:00 noon

Triathlon/Pentathlon/Decathlon/Heptathlon-Direct entry to Youth Nationals-to be held June 23-24, Icahn Stadium, New York-advance here for the Jr. Olympic Nationals. Register online for this meet.

Place: **Mt. Ararat High School, Topsham**

Entry Fee: **\$10.00 per event, Pentathlon/Triathlon-\$15**

Registration: **Pre-registration is required-AGE MUST BE VERIFIED WITH A USATF NUMBER(IT TAKES A COUPLE DAYS)**
for the meet:[USATF Maine - Event Manager Outdoor Track and Field 2025](#)

You need to be a USATF Registered Athlete to participate in this meet. The registration fee is \$35.00 and you need a birth document when registering for a USATF number.
USATF membership must be done online- www.usatf.org

You can also register the day of the meet with registration beginning at 8am to 12noon. However, you will still need to register online.

Director: **Ron Kelly (745-4781) e-mail: rkelly01671@outlook.com**
105 Maple Ave, Scarborough, Me 04074

Awards: USATF Medals to 1st to 3rd place for all ages 15-16, 17-18. Championship patches to first place finishers. Ribbons to the top 3 in ages 7-8, 9-10, 11-12, and 13-14.

Waiver: Those athletes with conflicts can request for a waiver by contacting Ron Kelly, 105 Maple Avenue, Scarborough, ME 04074 or call 745-4781 (evenings), Rkelly01671@outlook.com
. Waivers and qualifiers cannot exceed 8 qualifiers. You must still register for the Maine meet.

Events Limits: Ages 12 & under are limited to 3 events including relays
Ages 13 to 18 may compete in 4 events including relays

Note: **Steeplechase for 13-18 boys and girls and the Hammer are entry only events and will not be contested-Advancement only. No rubber discus allowed.**

Meet T-shirts: \$10

Region 1 Championship: The top 8 individuals and relay teams in each event of each age division may advance to the USATF Region 1 Championships. The Region 1 meet is July 11-13 at **Fitchburg State University** in Fitchburg MA. You cannot turn 19 before the last day of Nationals

National Championship: July 21-27 - USATF Junior Olympic Nationals - Savannah, Georgia

7-8

100
200
400
800
1500
400m relay
1600m relay
long jump
shot put
mini javelin-300g

9-10 born

100
200
400
800
1500
1500m racewalk
high jump
long jump
shot put
mini javelin-300g
400m relay
1600m relay
triathlon
sp-hj-200g/400b

11-12

100
200
400
800
1500
3000
1500m racewalk
80m hurdles
long jump
high jump
shot put
discus
mini-javelin
400m relay
1600m relay
3200m relay
Pentathlon
80 H-SP-HJ-LJ
800G/1500B

13-14

100
200
400
800
1500
3000
3000m racewalk
100m hurdles
200m hurdles
long jump
high jump
triple jump
pole vault
shot put
discus
javelin
400m relay
1600m relay
3200m relay
pentathlon
80h-sp-hj-lj-
800g, 1500b
2000 steeplechase

15-16

100
200
800
400
1500
3000
2000m steeplechase
3000m racewalk
100/110m hurdles
400m hurdles
long jump
high jump
triple jump
pole vault
shot put
discus
hammer
javelin
400m relay
1600m relay
3200m relay
decathlon
heptathlon

17-18

100
200
400
800
1500
3000
2000m steeplechase
3000m racewalk
100/110m hurdles
400m hurdle
long jump
high jump
triple jump
pole vault
shot put
discus
hammer
javelin
400m relay
1600m relay
3200m relay
decathlon
heptathlon