

## 2025 MVC Cross Country Schedule

<u>Date</u>	<u>Day</u>	<u>Location (Host)</u>
August 18	Monday	First Practice
August 28	Friday	Bulldog Challenge @ Madison
September 4	Thursday	Maranacook (H), Hall-Dale, Lisbon, Spruce Mt., Winthrop, Monmouth 4:00 Start
September 5	Friday	Madison (H), Valley, Mt. Abram, Carrabec, Dirigo
September 12	Friday	Hall-Dale (H), Dirigo, Carrabec, Madison, Mt. Valley, Spruce Mt, Mt. Abram, Maranacook
September 19	Friday	Winthrop (H) Oak Hill, Monmouth, Maranacook, Hall-Dale Boothbay/Wiscasset (H), Spruce Mt., Richmond, Lisbon Mt. Abram (H), Madison, Carrabec, Dirigo
September 26	Friday	Mid-Season Race @ UMA
September 30	Tuesday	Spruce Mt. (H), Madison, Telstar, Lisbon, Dirigo, Monmouth, Oak Hill, Carrabec, Richmond, Mt. Valley, Mt. Abram
October 4	Saturday	Festival of Champions @ Belfast
October 8	Wednesday	Dirigo (H), Telstar, Hall-Dale, Mt. Valley, Carrabec, Madison, Spruce Mt., Mt. Abram
October 10	Friday	Lisbon (H), Boothbay/Wiscasset, Winthrop, Oak Hill, Monmouth, Richmond, Maranacook
October 18	Saturday	MVC Championship @ UMA 11:00 am
October 25	Saturday	Regional Championship @ TBD
November 1	Saturday	State Championship @ TBD

Sept 5th, 12th , 19th  
 Course Walk 3:15 (Unless Otherwise Noted)  
 Race Time 4:15 (Unless Otherwise Noted)

Sept 26th, 30th, Oct 4th, 8th, 10th  
 Course Walk 2:45  
 Race Time: 3:45

Girls Race First