

Caribou Cross Country Invitational
Saturday, September 13th, 2025
Caribou High School, Caribou, ME

- Format:** The Meet is a 5k race on the Caribou High School trail system. Included is a detailed map of the course.
- Time:** The Girls will begin at 12:00 pm, the Boys will follow at 12:45. The JV runners will have a combined race at 1:30. Awards will be held shortly following the conclusion of the JV race.
- Course:** The course is a challenging 5k (3.1 Mile) course through the woods, on grassy trails, across athletic fields, and up and down various terrains. This is a spectator-friendly course with easy access to the 1st and 2nd mile points.
- Entry Fee:** The standard PVC cost-sharing fee will be charged per team!
- Directors:** Evan Graves egraves@rsu39.org, PJ Gorneault pgorneault@rsu39.org, and Thomas Beckum thomas_beckum@rsu39.org
- Locker Rooms:** Locker/Dressing rooms and shower facilities will be available in the school. Bathrooms will be available in the ski building.
- Awards:** Top 10 individuals in the Varsity race will earn a trucker hat!
Members of the winning Varsity teams will receive a cinch shoe bag
Top 3 in each gender for the JV race will earn a trucker hat!
- Clean-up:** Trash bags will be provided. All teams are responsible for cleaning up their team Area.
- Entries:** Entries must be completed by Friday, September 12th by noon, via milesplit. Entry questions can be sent to Hannah Stairs at hstairs@rsu39.org