

**2026 MPA Class “B” State Indoor Track & Field Championship**  
**Bates College – Lewiston, ME – Monday, February 16, 2026**

**MEET START TIME 12:00 PM (NOON)**  
**TEAMS MAY ENTER MERRILL GYM AT 10:00 AM**

**GENERAL INFORMATION**  
*(Subject to Change before Meet Date and Time)*

**Meet Director:** Marty Kahler: may be reached at (Cell) (603) 502-7275  
Email – [mkahler576@aol.com](mailto:mkahler576@aol.com)

**Location:** Bates College, Merrill Gym, Slovenski Indoor Track  
141 Russell Street, Lewiston Maine, 04240 [www.bates.edu](http://www.bates.edu)

**Coaches Meeting:** A Coaches meeting will occur at 11:30 am near the finish line. At this time, we will hand out the relay cards and trash bags and take any scratches from the meet. There will be no packet pickup needed for this meet.

**Parking:** Due to the limited parking lot space at the facility buses will once again park off site. Please have a contact number for the bus driver before departing from the Bates Facility. Bus drivers can be notified toward the end of the meet to return to pick your team up at the field house. Bates Security will be assisting with the flow of bus traffic and spectator parking, please note the attached map.

**Entrance:** This year we will be using two entrances. Busses will be directed towards the rear of Merrill Gym where there will be an **Athlete and Coaches only entrance**. Once inside someone will be marking hands of the athletes and coaches. Only those names submitted to the MPA as coaching staff and eligible athletes will be permitted in this door. Spectators and all others will use the Main Entrance. **No athlete and coaches can enter main entrance.**

**Admission Fees:** Adults - \$12.00 Students and Senior Citizens (65+) - \$6.00 Tickets must be purchased online at <https://gofan.co/app/events/849030?schoolId=MPA>. No cash will be taken at the gate.

**Seeding:** Will be completed according to MPA seeding procedure. **All electronic entries** must be received by 7:00 p.m Wednesday, February 11, 2026 to Mile split.

**POLE VAULT – verification forms must be brought to the meet with each coach and turned into the Head Pole Vault official at the time of checking in poles. Note also the rule with respect to standard set-back to 18 inches (45.7 cm).**

**POST PRELIMINARY SEEDINGS-** may be viewed on <http://www.sub5.com/emitl/home.htm> or on mile split on Wednesday, Feb. 11, 2025.

**FINAL ENTRIES** – may be viewed on <http://www.sub5.com/emitl/home.htm or on mile split on Thursday, Feb. 12, 2026>

***NO CHANGES or ADDITIONS WILL BE MADE TO THE ENTRIES SUBMITTED ON FEB. 11, AFTER 7PM. ON WEDNESDAY AFTER THE PREVIOUS MENTIONED TIME AND DATE, ONLY CHANGES THAT CAN BE VERIFIED WILL BE ALTERED***

**Jury of Appeals:** (Official), (Official), (Official), Don King (MPA Rep) and Ryan LaRoche (MPA Rep.), (Coach)

**Games Committee:** (coach), (Coach), (Coach), Don Berry (Running Referee), Josiah Winchenbach (Field Referee)

**Numbers:** Athletes will be identified by hip numbers. Hip numbers will be worn on the left side.

**Event Check-In:** Field events at the venue. Running events at the clerk table located next to the shot-put area on the infield. **Please read the Bulletin for other related information.**

**Timing System:** FinishLynx systems will be in use. **Please instruct your athletes to stay away from the finish area and the area along the wall by the windows. All times will be posted on the wall the athlete entrance area as well as on MileSplit Live.**

**Relays:** Relay declaration forms must be turned in to the timing table 30 minutes before the start of the event. Clerks will have the names of the athletes on the form and all must be present for check in.

**BATONS WILL BE PROVIDED**

**4 x 200 M Relay:** **Three-turn stagger start will be used** for the first runner who stays in their lane the entire leg and the second runner can move in only after they pass the cones at the entrance to the back straight away. The second runners will also be standing in their respective exchange zones at the start of the race. A 20-meter exchange zone will be used.

**Start for the** The 4x800 M Relay, 1 Mile, 800 M Run, and 2 Mile events- **Will be alley starts.**

**In the 4 x 800-meter relay each team is required to provide one responsible adult to serve as a lap counter during the race for their team.**

**In the 2 Mile Run each team is required to provide one responsible adult to serve as a lap counter for each runner from there team during the race.**

**Scratches:** Any athlete who is scratched from an event or fails to show for an event for which they have been entered shall be immediately ineligible from further competition in that meet except for both relays.

**Uniform Rule:** **2026 Federation Rule book articles are in effect. Jewelry is allowed. Please instruct your athletes to wear their school uniforms for presentation of awards. (No Hats)**

**Spikes:** Spikes will be allowed at the facility **1/4" or less pyramid spikes**. This will be checked prior to the start of each race and at all field events. **No spikes are allowed in the stands or lobby area.** They must stay on the mondo surface.

**Implement Weigh-In:** **Will begin at 10:30am-11:15am.** Weigh-in location will be at the shot-put venue.

**Pole Vault Checking:** The checking of pole vault poles to MPA pole vault form will be from 10:30 am to 11:15 am at the pole vault venue.

**Starting Heights:** Starting heights for high jump for girls – 4'6" and boys – 5'4". The high jump will increase at 2-inch increments until one jumper remains and then that jumper will determine the height.

Starting heights for the Pole vault is girls – 6' and boys – 8'6". The first two height changes will go up by 9 inches and then 6 inches thereafter. Girls are 6', 6'9", 7'6", then 8" with 6-inch increments from there. Boy's heights will be 8'6", 9'3", 10', then 10'6" with 6-inch increments from there. This will occur until 1 jumper remains and then they will determine their own height.

**DEPENDING ON ENTRIES THE GAMES COMMITTEE WILL MEET BEFORE THE START OF THE MEET AND DETERMINE IF THE STARTING HEIGHTS WILL NEED TO BE CHANGED.**

**Use of Electronics:** Video review may be used between athletes and coaches if it is in an unrestricted area but cannot be transmitted to the competitor during race or trials

**Trainer:** Certified trainer will be available 1 hour before the start of the first event and 30 minutes

after the final event. Teams **must** bring all needed supplies. Trainer may be found directly behind the finish line area.

**Tape Markings:** Tape markings are allowed on the sides of long, triple, and pole vault runways. High jumpers are allowed 2 marks, both of which must be more than 2 feet from the standards. Relays are allowed 2 tape marks or tennis balls placed in their lane one minute prior to the start of their heat. The tape marks or balls, **MUST** be removed by a team member prior to the start of the next section.

**Finals** **Running Events** – 8 competitors to finals (55 dash & 55 hurdles). **Field Events** – 9 competitors to the finals, competing in reverse order.

**Spectators & Coaches:** Spectators and coaches are NOT allowed in the infield unless designated areas are set by the head field event official. Use bleachers and areas designated for coaches. **No bare-chested individuals are allowed within the track complex.**

**Awards:** Medals will be awarded to the **first eight** place winners in each event during the meet at the awards area in the infield. Please instruct your athletes to be prompt and in proper uniform when they are called to the infield. Trophies will be awarded to each winning team shortly after the conclusion of the last event.

**Scoring:** Meet scoring is 10-8-6-5-4-3-2-1, scoring 8 places.

**Programs:** Will be on line via a QR Code. This can be found at the venue the day of the meet.

**T- Shirts:** Will be sold on site.

**Concessions:** Concessions will be provided at this event in the main lobby area. **No outside food or drink** is to be brought into the venue.

**Trash:** Each team will be provided with a trash bag. Please use the bag to clean up your area and deposit them at the nearest trash can.

**Protests & Appeals** A protest form may be picked up at the scoring table. All protests must be in writing from a coach, accompanied with a \$35 fee, the protest, and along with the fee must be given to the meet referee. Just a reminder that a protest must be based on a violation of a rule and not a judgement decision.

**TRACK REFEREE: Donald Berry and FIELD REFEREE: Josiah Winchenbach**

**Time Schedule:** It is up to the coaches and athletes that athletes report to the event at the appropriate time. Please listen for the calls. The time schedule will be posted after the entries are completed.

**Team Areas:** **PLEASE KEEP TEAM AREAS OFF OF THE BLEACHER AREAS SO THAT SPECTATORS CAN FIND AN AREA TO SIT. TEAM AREAS MAY BE IN THE HALLWAY NEAR THE LOCKERS, FAR END OF THE TRACK, OR ANY AREA OFF OF THE BLEACHER AREA.**

Marty Kahler  
Meet Director  
Class B Indoor Track State Championships