

**2026 STATE CLASS A
INDOOR TRACK & FIELD CHAMPIONSHIPS
February 16, 2026**

Director: George Towle 650-5041 - gtowle@maine.edu

Numbers: Hip numbers only

Clerking Area: Under scoreboard near 55 m start

Scoring: 10-8-6-5-4-3-2-1 (8 places)

Time Schedule: Events will not be run ahead of schedule. The attached schedule may be adjusted based on entries.

Trainer: On duty one hour prior to meet start Please bring your own supplies.

T-shirts: Will be available for sale on meet day

Concession Stand: Main Lobby

Food and Drink: Are not allowed in the field house.

Individual Awards: Athletes should go to the awards stand to accept their medals as soon as their EVENT is announced. Please remind athletes to be prompt and in school uniform.

Team awards: Will be presented directly after the meet.

Results: Posted on the wall leading to locker rooms. Results will also be available on line at: <http://www.sub5.com/youth-pages/indoor-track/> and Maine Milesplit

Admission: \$ 10 Adults / \$ 5 Students / Seniors (65 and over)

Spikes: 1/4 " Pyramid is maximum allowed (no needles)

Jump Boards: LJ: Girls – 8' Boys: 12'
TJ Girls – 26' / 32' Boys: 36' / 41'

SP Weigh In: One hour prior to Boys Shot Put. (boys and girls)

Advancement: 55 Dash & 55 Hurdles - 8 fastest times will advance to finals

Field Events: 9 athletes to finals, competing in reverse order.

Starting Heights: Boy's High Jump: (2" below qualifying standard)
 Girl's High Jump: (2" below qualifying standard)
 Boy's Pole Vault : (12' below qualifying standard)
 Girls Pole Vault: (12" below qualifying standard)

800 & 3200m Relay: If there are 8 or fewer in a race, there will be a waterfall start. If more than 8, it will be a 1 turn double pole.

4 x 200 Relay: A 3 turn stagger will be used. The first runner stays in lane for the entire lap. The second runner remains in lane for 3rd turn and cuts in at the break line in front of bleachers.

Relay Markings: Tape or other markings approved by the games committee may be placed on the track 1 minute prior to the start of the race.

Mile and 2 Mile: If there are 11 or less in a race, there will be a waterfall start. If more than 11, there will be a 1 turn double pole.

Appeals: Forms will be available at the scorers table. Submit this form and \$35.00 cash to the meet director. If your appeal is upheld, your \$35.00 will be returned.

Police your area: Please leave it as clean as when you arrived.

USM Costello Field House – Buses: Drivers will be given parking options upon arrival.

New England Interscholastic Championships
February 28 (Saturday)
Reggie Lewis Center, Roxbury , MA

Coaches of athletes who place (1-8) in each event should be prepared to forward the status of their entries to George Mendros (george.mendros@thorntonacademy.org) no later than Tuesday, February 17, 6:00 p.m. Qualifiers will be posted on Sub 5, Wednesday, February 18. Athletes who are not submitted by their coach will not be seeded. Athletes will be selected based on the results of state competition. The champion in each event for Class A and B and the next four best finishers who declare will represent the state. If a qualifying athlete or relay in the top 6 chooses not to compete. The next best performer would move up. Only the top 10 performances will be eligible to compete at NEs (performances ranked 7-10 will be considered as alternates) Maine will be allowed six athletes and relay teams in each event. Pole vault and triple jump are not held at NEs. The 300m, 600m and 1000m races replace Maine's 200m, 400m, and 800m races. Each athlete will be allowed to participate in three races / field events or relays. Athletes' selection and notification will be handled by George Mendros: Home phone: -282-5065 Email: george.mendros@thorntonacademy.org Appeals of decisions will be handled by the Indoor Track Committee Chairperson.