

**11th Annual Husky Throw Down at Maine Central Institute
Saturday May 2, 2026**

Time Schedule

8:00-9:45 Implement Check-In

9:45 Coaches Meeting

10:00 Events Begin with First Calls

Awards Presentations at the conclusion of the meet, we would love to have all teams remain for this presentation.

Entries

- **Meet entries are due by 8:00 am on Friday, May 1st via MileSplit.**
- **Athletes MUST be seeded with a distance** so that we can put athletes into proper flights. **If you have an athlete that does not have a distance MAKE UP AN ESTIMATE.**
- If you have a meet on May 1st and need to update a seed please send Mark an e-mail with the name and new distance by Friday night so that seed sheets can be printed.

Scoring

- Each event will score 10 places (10-9-8-7-6-5-4-3-2-1).
- Ribbons will be given to top ten finishers in each event and a Champion t-shirt will also be given to each event winner.
- **Team scores will be totaled by combining both genders with the Team Champion and Team Runners-up receiving plaques at the Awards Presentation.**
- Individual athletes will also receive a score from a table based on the IAAF Weight Throwing Pentathlon, the male and female with the highest score will receive a t-shirt and the title of Throwmeister!

Notes

- **All implements must go-through a check-in process prior to competition.** USATF Officials will be checking the implements from **8:00-9:45**
- Athletes will each be given **3 throws per event in flights based on seeds.**
- The **top 8 competitors in each event will advance to the finals** to be held after the last flight of prelims has completed.
- **Athletes must wear a school-issued uniform during competition.**
- T-Shirts will be available for sale, at a cost of \$20 each. Should we run out of shirts and your athletes would still like one please see Coach Libby to put in an order request.
- Admission for spectators is by donation.
- A concession stand will be available throughout the event.

- Coaches may use individual marks for qualifying purposes, provided that schools are at or under the MPA limit of 10 countable meets.
- Should you find an error or issue please let Jason Allen know so that we can find a resolution. We want the athletes to be on center stage for the day but, we also want our officials to be treated respectfully.

Parking

- As you arrive please drop your athletes off at the track. Busses will then be directed to a separate parking location.
- Spectators should park in the parking lot across from the track.

Directions

- **From the North:** Take I-95 to Exit 150, turn left onto Somerset Avenue. Turn right into the Pittsfield Industrial Park next to the Irving. Follow the Industrial Park Road over the railroad tracks before veering left, at the stop sign turn left onto Stinson Avenue. Go around the corner, you will see Suburban Propane on the left, just up the street is the MCI track on the right.
- **From the South:** Take I-95 to Exit 150, turn right onto Somerset Avenue. Turn right into the Pittsfield Industrial Park next to the Irving. Follow the Industrial Park Road over the railroad tracks before veering left, at the stop sign turn left onto Stinson Avenue. Go around the corner, you will see Suburban Propane on the left, just up the street is the MCI track on the right.