

Western Regional Cross-Country Championships - 10/20/2007
West Regional
Twin Brook Recreation Area, Cumberland, Maine
Results

Event 2 Boys 5k Run CC Class B

| Name | Year School | Avg Mile | Finals | Points | |
|-----------------------|------------------------|----------|----------|--------|--|
| Results - Men | | | | | |
| 1 Williams, Nick | Poland HS | 5:13.5 | 16:13.80 | 1 | |
| 2 Rand, Matt | JR Cape Elizabeth | 5:16.2 | 16:22.25 | 2 | |
| 3 Even, Timothy | SR Fryeburg Academy | 5:27.2 | 16:56.30 | 3 | |
| 4 Howland, Michael | Lincoln Academy | 5:37.6 | 17:28.81 | 4 | |
| 5 Flathers, Chris | JR Cape Elizabeth | 5:38.7 | 17:32.10 | 5 | |
| 6 Knox, Jacob | SR Maranacook | 5:39.9 | 17:35.80 | 6 | |
| 7 Ward, Gary | Lincoln Academy | 5:40.1 | 17:36.40 | 7 | |
| 8 Price, Logan | 10 Greely High school | 5:40.8 | 17:38.60 | 8 | |
| 9 Moser, Alex | SO York | 5:41.0 | 17:39.40 | 9 | |
| 10 Lajoie, Dylan | Poland HS | 5:42.7 | 17:44.60 | 10 | |
| 11 Betts, Cameron | SR Gray-New Gloucester | 5:47.7 | 18:00.28 | 11 | |
| 12 Hall, Kenedi | SO Fryeburg Academy | 5:48.2 | 18:01.80 | 12 | |
| 13 Fitch, Andy | 11 Greely High school | 5:48.4 | 18:02.40 | 13 | |
| 14 Backer, Davis | SR Cape Elizabeth | 5:48.7 | 18:03.10 | 14 | |
| 15 Epstein, Jamey | JR Falmouth | 5:49.8 | 18:06.70 | 15 | |
| 16 Douty, Reid | FR Cape Elizabeth | 5:52.2 | 18:14.10 | 16 | |
| 17 Nickerson, Ben | FR Yarmouth | 5:53.1 | 18:17.00 | 17 | |
| 18 Cobean, Sam | SR Falmouth | 5:53.9 | 18:19.50 | 18 | |
| 19 Emery, Jake | 12 Greely High school | 5:54.2 | 18:20.20 | 19 | |
| 20 Mitchell, Tucker | SR Maranacook | 5:55.0 | 18:22.80 | 20 | |
| 21 Provencher, David | Poland HS | 5:57.9 | 18:31.80 | 21 | |
| 22 Thomas, Sean | FR Cape Elizabeth | 5:58.2 | 18:32.70 | 22 | |
| 23 Adams, Spencer | 12 Greely High school | 5:59.2 | 18:35.80 | 23 | |
| 24 George, Andrew | FR Yarmouth | 5:59.9 | 18:37.90 | 24 | |
| 25 Crosson, Ethan | 12 Greely High school | 6:00.1 | 18:38.60 | 25 | |
| 26 Mangone, David | SR Yarmouth | 6:00.2 | 18:39.10 | 26 | |
| 27 Yokabaskas, Bobby | SO Cape Elizabeth | 6:00.3 | 18:39.30 | 27 | |
| 28 Eastman, Seth | FR Fryeburg Academy | 6:01.3 | 18:42.40 | 28 | |
| 29 Herbein, Dan | SO York | 6:03.6 | 18:49.60 | 29 | |
| 30 Lumenello, Nick | JR York | 6:04.1 | 18:51.00 | 30 | |
| 31 Greely, Justin | SO Maranacook | 6:04.3 | 18:51.80 | 31 | |
| 32 Balch, Thomas | Lincoln Academy | 6:04.7 | 18:52.80 | 32 | |
| 33 Sparkowich, Jacob | JR Wells High School | 6:05.2 | 18:54.60 | 33 | |
| 34 Wandel, Scott | SR Fryeburg Academy | 6:06.2 | 18:57.70 | 34 | |
| 35 Loughlin, Henry | SO Freeport | 6:07.1 | 19:00.40 | 35 | |
| 36 Day, Griffen | FR Freeport | 6:07.3 | 19:01.10 | 36 | |
| 37 Deeran, Sam | SR Falmouth | 6:07.3 | 19:01.10 | 37 | |
| 38 Prince, Clark | SO Fryeburg Academy | 6:07.6 | 19:01.90 | 38 | |
| 39 Gardner, Scott | JR Falmouth | 6:07.9 | 19:02.90 | 39 | |
| 40 Mains, Zachary | SR Lake Region | 6:08.2 | 19:03.70 | 40 | |
| 41 Palhof, Tristan | SO York | 6:09.1 | 19:06.60 | 41 | |
| 42 Freeman, Nat | SR York | 6:09.2 | 19:06.80 | 42 | |
| 43 Bennett, Stephen | SR Lake Region | 6:09.4 | 19:07.60 | 43 | |
| 44 Brigham, Peter | SO Cape Elizabeth | 6:10.5 | 19:11.10 | 44 | |
| 45 Clason, Dylan | SO Wells High School | 6:10.8 | 19:11.90 | 45 | |
| 46 D'Agostino, Eric | SO Falmouth | 6:11.2 | 19:13.00 | 46 | |
| 47 Garrett, Alexander | SO Fryeburg Academy | 6:12.1 | 19:15.90 | 47 | |
| 48 Sweet, Ben | SR Freeport | 6:12.2 | 19:16.10 | 48 | |
| 49 Woodbury, Sam | SO Yarmouth | 6:12.5 | 19:17.30 | 49 | |
| 50 Means, Ryan | SR York | 6:14.2 | 19:22.40 | 50 | |
| 51 Farrell, Brian | JR York | 6:14.3 | 19:22.89 | 51 | |
| 52 Poole, Jonathan | SR Yarmouth | 6:14.3 | 19:22.89 | 52 | |
| 53 Roy, Chris | JR Lake Region | 6:16.4 | 19:29.40 | 53 | |

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|-----------------------|------------------------|--------|----------|----|
| 54 Johnson, Dennis | 12 Greely High school | 6:16.5 | 19:29.50 | 54 |
| 55 Walsh, Willie | JR Yarmouth | 6:16.8 | 19:30.50 | 55 |
| 56 Woodworth, Will | SR Yarmouth | 6:16.9 | 19:30.70 | 56 |
| 57 Barbour, Luke | JR Falmouth | 6:17.5 | 19:32.60 | 57 |
| 58 Boucher, Adam | JR Maranacook | 6:17.5 | 19:32.80 | 58 |
| 59 England, TJ | Poland HS | 6:17.9 | 19:34.00 | 59 |
| 60 Jennings, Max | FR Freeport | 6:21.9 | 19:46.30 | 60 |
| 61 Miller, Zach | Lincoln Academy | 6:22.7 | 19:48.80 | 61 |
| 62 Swerdlow, Charlie | SO Falmouth | 6:25.1 | 19:56.40 | 62 |
| 63 Rivard, Justin | Poland HS | 6:27.5 | 20:03.70 | 63 |
| 64 Best, Cameron | JR Maranacook | 6:27.8 | 20:04.80 | 64 |
| 65 Bond, Caleb | Lincoln Academy | 6:28.1 | 20:05.50 | 65 |
| 66 Thompson, Alex | JR Freeport | 6:28.1 | 20:05.78 | 66 |
| 67 Climo, Christopher | SR Fryeburg Academy | 6:28.9 | 20:08.20 | 67 |
| 68 Kiyanita, Sam | SR Gray-New Gloucester | 6:35.3 | 20:27.90 | 68 |
| 69 Wade, Bennett | FR Freeport | 6:35.8 | 20:29.50 | 69 |
| 70 Flynn, Evan | Poland HS | 6:38.0 | 20:36.50 | 70 |
| 71 Eldridge, Keegan | SR Lake Region | 6:38.8 | 20:38.80 | 71 |
| 72 Skold, Wesley | JR Freeport | 6:39.1 | 20:39.70 | 72 |
| 73 Whittemore, Sam | JR Maranacook | 6:40.7 | 20:44.70 | 73 |
| 74 Severance, Steven | Lincoln Academy | 6:41.1 | 20:45.90 | 74 |
| 75 Marshall, Jackson | SO Gray-New Gloucester | 6:42.0 | 20:48.70 | 75 |
| 76 Lepage, James | 11 Greely High school | 6:42.3 | 20:49.90 | 76 |
| 77 Moore, Jacob | SR Lake Region | 6:43.1 | 20:52.10 | 77 |
| 78 Barry, Joe | SO Wells High School | 6:43.2 | 20:52.53 | 78 |
| 79 Longfellow, Evan | SO Maranacook | 6:43.2 | 20:52.60 | 79 |
| 80 Schaffer, Ben | FR Gray-New Gloucester | 7:00.1 | 21:45.09 | 80 |
| 81 Christy, josh | Poland HS | 7:08.2 | 22:10.30 | 81 |
| 82 Boulay, Guy | FR Wells High School | 7:15.5 | 22:32.80 | 82 |
| 83 Arnold, Zack | SR Gray-New Gloucester | 7:18.5 | 22:42.10 | 83 |
| 84 Palmer, Brandon | SR Lake Region | 7:20.9 | 22:49.70 | 84 |
| 85 Schmitt, Devin | Wells High School | 7:21.1 | 22:50.20 | 85 |
| 86 Keushguerian, Luca | FR Lincoln Academy | 7:21.4 | 22:51.30 | 86 |
| 87 McCann, Dennis | SO Gray-New Gloucester | 7:26.2 | 23:06.30 | 87 |
| 88 Cain, Colby | Wells High School | 7:28.1 | 23:12.10 | 88 |
| 89 Blanchard, Dean | FR Gray-New Gloucester | 7:56.0 | 24:38.80 | 89 |

Team Scores

| Rank Team | Total | 1 | 2 | 3 | 4 | 5 | *6 | *7 | *8 | *9 |
|-----------|-------|---|---|---|---|---|----|----|----|----|
|-----------|-------|---|---|---|---|---|----|----|----|----|

Results - Men

| | | | | | | | | | | |
|-----------------------------|-----|----|----|----|----|----|----|----|--|--|
| 1 Cape Elizabeth High Schoo | 59 | 2 | 5 | 14 | 16 | 22 | 27 | 44 | | |
| Total Time: 1:28:44.25 | | | | | | | | | | |
| Average: 17:44.85 | | | | | | | | | | |
| 2 Greely High school | 88 | 8 | 13 | 19 | 23 | 25 | 54 | 76 | | |
| Total Time: 1:31:15.60 | | | | | | | | | | |
| Average: 18:15.12 | | | | | | | | | | |
| 3 Fryeburg Academy | 115 | 3 | 12 | 28 | 34 | 38 | 47 | 67 | | |
| Total Time: 1:32:54.20 | | | | | | | | | | |
| Average: 18:34.84 | | | | | | | | | | |
| 4 York | 154 | 9 | 28 | 29 | 40 | 41 | 49 | 51 | | |
| Total Time: 1:33:33.40 | | | | | | | | | | |
| Average: 18:42.68 | | | | | | | | | | |
| 5 Poland HS | 154 | 1 | 10 | 21 | 59 | 63 | 70 | 81 | | |
| Total Time: 1:32:07.90 | | | | | | | | | | |
| Average: 18:25.58 | | | | | | | | | | |
| 6 Falmouth High School | 155 | 15 | 18 | 37 | 39 | 46 | 57 | 62 | | |

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Total Time: 1:33:43.20
Average: 18:44.64
7 Yarmouth High School 167 17 24 26 49 51 55 56
Total Time: 1:34:14.19
Average: 18:50.84
8 Lincoln Academy 169 4 7 32 61 65 74 86
Total Time: 1:33:52.31
Average: 18:46.47
9 Maranacook Community Scho 179 6 20 31 58 64 73 79
Total Time: 1:34:28.00
Average: 18:53.60
10 Freeport High School 245 35 36 48 60 66 69 72
Total Time: 1:37:09.69
Average: 19:25.94
11 Lake Region High School 284 40 43 53 71 77 84
Total Time: 1:39:11.60
Average: 19:50.32
12 Gray-New Gloucester 317 11 68 75 80 83 87 89
Total Time: 1:43:44.07
Average: 20:44.82
13 Wells High School 323 33 45 78 82 85 88
Total Time: 1:44:22.03
Average: 20:52.41